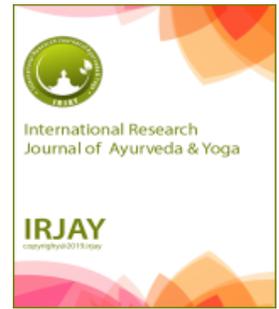




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An International Peer Reviewed Journal for Ayurveda & Yoga



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Author Instruction

1. Manuscript Structure

Research Article Format :

The preferred format of all manuscripts are in MS office (2003 or above). Manuscript should be concisely typewritten in 1.5 spaces in A4 sized sheets. The pages shall be numbers consequently. Only on one side, with a 1px margin on all sides. The manuscript shall be prepared in Times New Roman using a font size of 12 and title shall be font size of 14, bold space capitals. All section titles in the manuscript shall be in font size 14, bold face capitals and subtitles in each section shall be in font size 12, bold face lower case. Illustrations (Figures & Tables) must be inserted at appropriate place in the article. Standard International Units should be used throughout the text. Pages should be numbered properly. There shall not be decorative borders anywhere in the text including the title page. The manuscript should be starting with the title page and the text should be arranged in the following order :

- ✂ Title Page
- ✂ Abstract
- ✂ Keywords
- ✂ Introduction
- ✂ Materials and Methods
- ✂ Results and Discussion
- ✂ Conclusion
- ✂ Acknowledgements
- ✂ References

Basic requirement of Manuscript Where To add this Section

Title page/ First page/ Cover letter: All manuscript must contain a title page which include

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Journal references : 1. Cantarelli MA, Pellerano RG, Marchevsky EJ, Camina JM. (Title of article). *Anal Sci*, 2011; 27(1): 73-8. 2. Sather BC, Forbes JJ, Starck DJ, Rovers JP. (Title of article). *J Am Pharm Assoc*, 2007; 47(1): 82- 5.

Books : 1. Meltzer PS, Kallioniemi A, Trent JM. Chromosome alterations in human solid tumors. In: Vogelstein B and Kinzler KW (eds.). *The Genetic Basis of Human Cancer*, New York; McGraw-Hill: 2002, pp. 93-113. 2. Bard AJ, Faulkner LR. *Electrochemical Methods: Fundamentals and Applications*. 2nd ed., New York; John Wiley and Sons: 2001.

Patents : Aviv H, Friedman D, Bar-Ilan A, Vered M. US Patent, US 5496811, 1996.

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3. Book Reviews

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The research and technical communications section of this journal (maximum 3,000 words) is open to interesting results worthy of publication without requiring extensive introduction and discussion. This section should be organized as follows: Abstract, Introduction, Materials and methods, Results and discussion (combined). Not more than 10 references should be provided. Tables, figures and references are to be arranged in the same way as for research papers. Brevity of presentation is essential for this section.

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