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A Comparative Study of Astanga *Hridaya* and *Astanga Samgraha* - A Review Article.

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ABSTRACT:

Background: This study is an attempt to compile concept of mentioned in *Vagbhatta Samhita* i.e. *Astanga Hridaya* and *Astanga Samgraha* so that all the knowledge regarding could be comes under a platform. On the basis of evidences, it can be concluded that *Astanga Samgraha* and *Astanga Hridaya* were written by two different authors. *Astanga Samgraha* is written by *Vridha Vagbhatta* (500 AD) *Astanga Hridaya* is written by *Laghu Vagbhatta* (6th century). Both of these *Acharya's* actually were related. Due to difference in time period; *Astanga Samgraha* is more influenced by the *Sushruta Samhita* while *Astanga Hridaya* is lineated towards *Charaka Samhita*. In both the *Samhitas* description of *Sharira Rachana* is found in *Astanga Samgraha* and *Uttar Sthana*.

Material & Methods: The data used in current study was gathered from major *Ayurvedic Samhitas*, books based on historical background of *Ayurveda*, indexed – non indexed journals, widely dispersed research publications.

Conclusion: This study reveals verity behind similarity and differences between *Astanga Hridaya & Astanga Samgraha*. The Time periods, Authors, language & style and some other subject matters of both the texts.

Keywords: Astanga Hridaya, Astanga Samgraha, Singhgupta,

INTRODUCTION

Many texts have been composed by different Acharya's in classics of Ayurveda. In these texts, the texts of *Brihtrayee* (*Charaka Samhita, Sushruta Samhita,* and *Astanga Samgraha*) hold their special place. Among them, *Charaka Samhita* is the *Agnivesh Tantra* by *Acharya Agnivesh*, which is recited by *Acharya Charaka, Sushruta Samhita* is

the Saausrut Tantra recited by Vridha Sushruta and further elaborated by Acharya Sushruta. In the same manner Astanga Samgraha is created by Acharya Vagbhatta, therefore, introduction of Acharya Vagbhatta is required in this context. In Indian poetry, many Vagbhatta are mentioned as experts in many subjects. The following four



Vagbhatta are famous in the field of Ayurveda¹-

- Vridha Vagbhatta
- Madhya Vagbhatta
- Laghu Vagbhatta
- Rasa Vagbhatta

The *Madhya Vagbhatta* is not mentioned elsewhere except in the two or three texts. Although its existence is proved on the basis of citations. *Nischalkar* has cited many of its words in the *Ratnaprabha* interpretation of *Chakradatta*. *Rasa Vagbhatta* has written a book called *Rasratnasamucchya*. Historians cited many Acharya's with the name of *Vagbhatta*, Which are presented by the following table ²:-**Table no. 1.1**

MATERIALS AND METHODS

In this study each and every reference related to concept and determination of time period of *Astanga Hridaya* and *Astanga Samgraha* taken as a source of material like previous research works, journals, literature based on history of Ayurveda and other publications.

Vagbhatta is the author of the Astanga Samgraha"?

There is a difference of opinion among Acharya's regarding the authors of *Astanga Hridaya*, Some *Acharaya* believe that *Vagbhatta*, The author of both the texts is the same, while some accept that they are distinct.

Kaviraj Gannath Sen. Hari Shastri Paradkar, Pt. Haridutt Shastri, Yadav Ji Trikam ji, Acharya, T.V. Rudraparashav, and Nandkishore Sharma, editorial board Charaka Samhita (Jamnagar) etc. scholars consider both as one. The Acharya's who believes that he is one propose the following evidences in their favour:-

- Language analogy (*Bhasha Sadrishya*):- There is enough similarity in the language and style of both the texts.
- **Pitranam analogy** (*Pitranam Sadrishya*):- The authors of both the texts are *Atmaj* of *Sinhagupta*.
- Content analogy (*Vishayvastu Sadrishya*):- There is a similarity in the content of both the texts.
- Acceptance of *Hridyakar*:- Astanga Hridayakar himself has accepted that this book (Astanga Hridaya) is a shortened version of the Astanga Samgraha.
- Indicative quotation of the *Shlokas* of the *Samgraha*:

 The commentators also agree that the author of *Astanga Samgraha* and *Astanga Hridayais* the same.
- Consent of the Commentators:- The commentator of Astanga Hridaya Arunadatta and Bhatt Narahari and the commentator of Astanga Samgraha Indu have considered

- him the same Achraya. In contrast Hornley, Keith, Jyotish Chandra Saraswati, Hariprapannaji, considers Vridha Vagbhatta and Vagbhatta as different and address them in the name of Vridh Vagbhatta and Laghu Vagbhatta or Vagbhatta Pratham and Vagbhatta Dvitya respectievely and give the following evidences in support of their opinion.
- 1. **Language and style** Language and style are the same, there is a considerable difference. *Astanga Samgraha* is in the prose (*Padhyatmaka-Gadhyatmaka*) verse style (*Champu*) but the *Astanga Hridaya* is completely *Padyamaya*. Language of *Astanga Hridaya* is also old, so this composition seems to be the latter. From the point of view of poetry, *Astanga Hridaya* is more *Chhandovavidyam* and *Alankarik*.
- 2. Regarding the father and grandfather and place of birth, the introduction that *Granthakar* has given at the end of the *Astanga Samgraha* is not found in the *Astanga Hridaya*. In the present editions, at the end of the places, somewhere, "*ItiSrisinghguptasunu-Vagbhatta Virchitiya Ashtagahrudaya Samhitaaya tritya Nidanasyanam Smaptam*" is found in such a book. Possibly, it has been added later when the ideology of communication in both the *Vagbhattas* had gone³.
- Content There is a lot of difference in the content of the Astang Samgraha and Asthang Hridaya. The subject of the entire Grantha is described in Astanga Samgraha in 150 chapters and Astanga Hridaya in 120 chapters. Table no.1.2
 - It is clear from that the *Sutrasthan* of *Astanga Hridaya* has been abbreviated rather than the *Astanga Samgraha*. Similarly, the number of chapters in *Sharirasthan* is less in *Astanga Hridaya*.
- 4. This is much revealed from the quotations that Astanga Hridaya is an abbreviated version of Astanga Sangraha and is presented with the purpose of being helpful in the knowledge of scholars. There is no indication that the author of the Sangraha composed the Hridaya. Probably the Astanga Sangraha with its abbreviated verses became popular and its Sanskrit form as Astanga Hridaya was composed by latter Acharyas.
- It is natural to find an error less quotation of the *Shlokas*of *Samgraha*, while *Granthakara's* purpose was not to
 make any original work but to present a shortened version
 of the same.
- The opinion of the commentators is of no importance because by then the personality of the two categories had been unified and there was no attempt to resolve the confusion.

- 7. Astanga Samgraha, Vagbhatta being a disciple of the Buddhist Guru was quiet influenced by that religion whereas such influence on the Astanga Hridayakar Vagbhatta is not so significant. The indications found at two or three sites seem to be due to imitation of the Astanga Samgraha. The difference between Astanga Samgraha and Astanga Hridaya is evident from the following verses in which the Astanga Samgraha has recalled the "Jin Jinsut" and the Astanga Hridaya has remembered the "Shiva Siva Sat" because the Astanga Hridaya of the Vagbhatta Brahmin Dharmavalambi was Shaiva.
- 8. As compare to *Astanga Samgraha* in *Astanga Hridaya* Reverence for the proceeds *Shraddha Arsha Adhikaran* choose against authorization and the urge for Subhashit is more vocal and intense than the *Astanga Samgraha*.

Thus, analysing the views of the commentators reveals an interesting outlook. Jejjat and Chakrapani do not take the name of the Vridha Vagbhatta only; they quote the Laghu Vagbhatta with the name". "Vagbhatta Arunadatta and Indu believe the Hridaya and Samgraha as separate Granthas, but regard their Karta as integral. Dalhan, Hemadri, Vijayarakshit and Srikanthdatta consider him to be different; it seems that the Laghu Vagbhatta had been prevalent at the time of Jejjat and Chakrapani and the Astanga Samgraha has gone into the background, just as Varahamihira had the same situation after the creation of Brahmagupta.

Hence they had only mentioned the same with the word "Vagbhatta" Perhaps they did not get the opportunity and need for comparison of Samgraha and Hridaya. Arunadatta and Indu restored Astanga Samgraha the basic text of the Hridaya and made the idea that the authors of both are the same. Later on there was sufficient comparative study of both, this confusion was dispelled. As a result, the ancient commentators gave the different citations

- 1. Only the existence of the *Hridaya*.
- 2. Samgraha and Hridaya both exist but they were same.
- 3. Both have the different authors.

In the first instance, when *Samgraha* was not in the area, then how can the views of those commentators be considered in this regard? *Arunadatta* and *Indu* are prominent among those who consider both *Vagbhatta* as one

For all these reasons the two *Vagbhatta* appear to be different persons who have been called *Vridha Vagbhatta* and *Vagbhatta*, *Vagbhatta Pratham* and *Vagbhatta Dvitya* or *Gadya Vagbhatta* and *Padya Vagbhatta*. It is believed that the earlier *Vagbhatta* composed the *Astanga Samgraha*

on the basis of this earlier *Samgraha* of *Granthas*, later his *Pautra Vagbhatta* made the *Astanga Hridaya* based on the abbreviated version of the *Astanga Samgraha*.

Thus, on the basis of the above description, in summary terms, it can be said that both are different persons. The *Vridha Vagbhatta* has composed the *Astanga Samgraha* and the *Vagbhatta* has composed the *Astanga Hridaya*.

Tradition of Vagbhatta and the place of birth⁶

Astanga Samgraha is the work of Acharya Vridha Vagbhatta; it has been described earlier by the scholar. Now it is necessary to consider the family tradition and the place of birth. Vridha Vagbhatta Krit Astanga Samgraha of works considered around the fifth century which was the Gupta Period, the practice was prevalent that the grandfather's name was given to his grandson. Samudra Gupta Dvitya and Chandra Gupta Dvitya are example of this. Similarly, the Vridha Vagbhatta and the Laghu Vagbhatta were grandfather and Grandson. The name of the grandfather of Vridha Vagbhatta was also Vagbhatta or Vridha and Laghu adjectives were used by for easy access by the later Acharyas. Acharya Priyavrata Sharma has given his supposed lineage on this basis. Determination of the period of Vagbhatta⁷ Table no.1.3

DISCUSSION

Many details that have been described in *Astanga Samgraha* are not available in *Astanga Hridaya* because *Astanga Hridaya* is composed on the principle of "*Na Ati Sanshep Vistaram*" i.e. not so concise and not very detailed. At various places we found conflict of interest in various topics between these two. Therefore, it is not correct to assume that *Astanga Hridaya* has followed the *Astanga Samgraha*. No reference is available to support this theory. It seems to be *Astanga Samgraha* bowed towards *Sushruta* and *Astanga Hridaya* is lineated towards *Charaka*. In classical ayurvedic texts there is existence of many *Vagbhatta*'s but in context of Ayurveda mainly four *Vagbhatta* are chiefly emphasized viz9.

- 1.Vriddha Vagbhatta
- 2. Madhya Vagbhatta
- 3. LaghuVagbhatta
- 4. Rasa Vagbhatta

Among of all these, *Madhya Vagbhatta* is mentioned in only one or two texts of Ayurveda not anywhere else. *Rasa Vagbhatta* who was the author of *Rasa Ratna Sammuchya*

is mentioned only where there is subject matter related to Rasa Shastra. Therefore both Vriddha Vagbhatta and Laghu Vagbhatta may be considered as in context of Astanga Samgraha and Astanga Hridaya. The family tree of both Vagbhatta considered as Vagbhatta Singhgupta Vagbhatta(1st) Singhgupta Vagbhatta(2nd). From this chronological order we got to know that writer of Astanga Samgraha is Vagbhatta and his father's name is Singhgupta.

- Astanga Hridaya is like the heart of ocean of Ayurveda literature and its study can really be helpful for easy understanding and realization of concepts of Samgraha. This is a brief abridged version of the Astanga Samgraha¹⁰.
- 2. In this book, it has been attempted that the useful facts of both medicine and surgery communities should be invested together because being an expert or scholar in one branch does not confirm his same level of expertise in another branch, therefor not able to resolve all types of disease in this world. That's why in maximum subject matter of Sharira Rachana, Astanga Samgraha has been followed. Some topic which were not available in the original text were introduced by commentators in chronological order.

According to historical review the determination of *Kala* of *Astanga Samgraha* and *Astanga Hridaya* can be proved by the following evidence: **External evidence**: commentaries given by various authors.

Internal evidence:

- 1. Language
- 2. Geographical status
- 3. Political status
- 4. Social conditions
- 5. Religious situation

On the basis of evidences, it seems to be concluded that Both Acharyas were related. *Astanga Samgraha* and *Astanga Hridaya* were written by two different authors. *Astanga Samgraha* is written by *Vridha Vagbhatta* (500 AD) *Astanga Hridaya* is written by *Laghu Vagbhatta* (600 AD).

Description of Sharira Sthana after Sutra Sthana in both Samhita

In *Charak Samhita* and *Sushruta Samhita* (explanation according to *Chakrapani* and *Dalhan*) *Sutra Sthana* is followed by *Nidana Sthana*¹¹. Due to principle of *Trisutra* which comprises *Hetu Linga Aushadha*¹². Without proper understanding of signs and symptoms, medicine cannot be

studied. Nidana Sthana is followed by Viman Sthana because for proper Chikista we need to have the knowledge of Hetu -Linga and special knowledge of Dosha -Bheshajaadi, which is described in Vimana Sthana. Viman Sthana is followed by Sharira Sthana as the Trisutra is effective only when we are having Adhikaran i.e. Sharir, so for proper implementation of the Hetu, Linga and Aushadh, knowledge of Sharir Adhisthana or bodily part is important and due to this Sharira Sthana is followed after Vimana Sthana.

In Charak and Sushruta Samhita, sequence of Sthana is having similar presentation while quite different logic can be seen by Acharya Vagbhatta in both Vagbhatta Samhita. In this Vagbhatta Samhita after Sutra Sthana, Sharira Sthana is designated as prime Sthana to indicate the importance of *Sharir* in manifestation of disease. As mentioned by Acharya that Adhisthana plays important role in providing a place for accumulation of Dosha. This accumulation occurs where any type of deflection from normalcy is already ongoing i.e. "Kha-Vaigunya". It means this Kha-Vaigunya shows deviation from normalcy. But before acknowledging various patterns of deviation we have to learn the normalcy. In order to understand this kind of study and to apply the principles, mentioned in Sutra Sthana, study of Sharira is quite important. Charka and Sushruta gave importance to the content as per Adhikaran, Prakaran and Tantrayukti, hence the matter is widely scattered in these Samhita.

Sutra Sthana is followed by Nidan -Vimana Sthana and after these Sharira is described. After teaching Sutra Sthana the students were given IPD and OPD exposures where the combined knowledge of both physiology and anatomy is important to have the proper concept of Sharira .So Sharira Sthana is described after describing Nidana and Vimana Sthana. This helps the students to have the proper knowledge of Sharira Anga-Asthi, Sandhi, Sira etc.

In the first chapter of *Astanga Samgraha* and *Astanga Hridaya* the eight divisions of Ayurveda is described – *Sutra Sthana* – (as per the *Ayurveda Rasayan* commentary by *Acharya Hemadri*)

1st chapter- Basic and summary (Saar Samgraha) 13

2nd to 10th chapter- Hetuskandha

11th to 12th chapter- Lingaskandha

13th to 30th chapter- Aushadhaskandha

In Sutra Sthana Sharira is considered as the Adhikaran for

Vyadhi (*Nij* and *Aagantuja*), so after the description of *Sutra Sthana* the knowledge of *Sharira* is important. This is due to this reason *Sharira Sthana* is described after *Sutra Sthana* in these *Samhita*.

Another point of Vagbhatta Samhita (Astanga Samgraha and Astanga Hridaya) the whole book is in order of Kaya up to Cikitsa, Balaroga to Vajeekarana, are described in 40 chapters of Uttartantra. Uttartantra starts with Bala Roga which continues with Graha Urdhvanga Shalya Damshtra Jara and last Vrusha¹⁴. So, to maintain the order and to give a link from one Sthana to next or from one chapter to next, he has taken Sharira after Sutra. So Vagbhatta follows a certain technique of teaching to students like that in present era but in an orderly fashion.

Description of Arishta in Sharira Sthana Astanga Samgraha and Astanga Hridaya:-

Understanding of *Prakruti* and *Vikruti* always runs parallel and whole *Ayurveda* principles are accumulated in between these two. Deviation from normalcy is manifestation of disease and regaining back to *Prakruti* is *Chikitsa*. Based upon this factor, uttermost *Prakruti* that develops from starting of *Garbha* formation and *Vikruti* that includes *Arishta Lakshana* both are detailed here in *Sharira Stahana*. *Arishta Lakshana* (Knowledge of abnormal signs) in as per commentary of *Vagbhatta*, *Prakruti* means nature, *Prakruti* means natural or vernacular and *Prachuti* means deformity. In favour of *Vikriti* (distortion) the perceptive needed is ¹⁵.

The peculiarity of Astanag Hridaya is "NA AATI SANSHAPE NA AATI VISTARAM" i.e. not too short and not too detailed 7. So to fulfil the requirement of concussing ,in whole of Ayurveda they had not mentioned a different section for Arishta Lakshana but using one's own intelligence they have kept these Arishta Lakshana (symptoms) accordingly in Sharira Sthana and had explained them over there.

In the Charaka Samhita Indriya Sthana in mentioned after Sharira Sthana-

In *Sharira Sthana* the medical statement is by rendering the tribunal of medicine and that treatment is mentioned only of curable diseases not of incurable ones. *Sushruta Samhita* says the doctor who treat incurable disease definitely suffers from loss of money (*Dhan*), learning (*Vidyha*) & *Yash*, he deserves condemnation and unable to make patient rely or his skill and ultimately lose his patient. Without the acknowledgement of *Arishta Lakshana* one

cannot acknowledge the prognosis of a disease whether it is curable or not. Hence after discussion *Arishta Sthana* is mentioned before *Chikitsa Sthana*¹⁶.

CONCLUSION

Similar and different opinion between Astanga Hridaya & Astanga Samgraha which seems due to following reasons. Difference in time period. Astanga Samgraha is more influenced by the Sushruta while Astanga Hridaya is lineated towards Charaka. In both the Samhitas description of Sharira Rachana is found in Sutra Sthana, Sharira Sthana and Uttar Sthana. Both writers follows the proper implementation of Hetu, Linga and Aushadha and this could be the reason behind placing the Sharira Sthana in between Sutra and Nidana Sthana. Both the Acharya considered the Arishta Lakshanas as pathological Physioanatomy, so they describe Arishta Lakshanas in Sharira Sthana because it is easier to recognize and differentiate the abnormal Physio-anatomy just after studying the normal Physio-anatomy.

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Table no. 1.1

S.No.	Name of Historian/Book Name		Quoted Vagbhatta	
1	Ofractus	1	Author of Vagbhatta Samriti Samgraha	
	Catalougascatalogaram	2	Author of Vahhat Nighantu	
		3	Pautray (Grandson) Vagbhatta, son of Singhagupta and	
			author of Astanga Hridaya and Vaman Kalpa	
		4	Father of Malavendra's Amatya and Deveshwar (Author	
			of Kavi Kalpata)	
		5	The father of <i>Tishat</i> (The author of the <i>Chikitsa Kalika</i>)	
		6	Son of Nemikumar, Jain, Alankar Tilak and Shringar Tilak	
			Kavya author of Chhandonushasan.	
		7	Author of Vagbhatta Kosh	
		8	Author of Padarth Chandrika, Bhava Prakash, Rasratna	
			Samucchay and Shastra Darpan.	
		9	Author of Vagbhattalankar	
2	Shri Hari Shastri Prahadkar and	1	Amatya of Malvendra Father of Deveshwar and author of	
	Pandit Nand Kishore Sharma		Kavi Kalpata.	
		2	Son of Nemikumar, Jain, author of Chhandonushasan,	
			Kavyanasasan	
		3	Author of Rasratnasamucchay	
		4	Author of Vagbhatta Kosh	
		5	Son of Som, Jain Amatya of Jaisingh, author of	
			Vagbhattalankaar, Shringaar Tilak.	
		6	Author of Laghu Jatak	
		7	Author of Neminirbaan.	
		8	Prakrit Pingal Sutrakarta.	
3	Shri Gurupada Halladar	1	Parthma (First)	
			Vagbhatta (Second century)	
			the father of Sinhagupta	
			(Smriti Nibandha, author of Vaidyak Nighantu and	
		2	Vaiyyakaran)	
		2	Dvitya (Second) Vagbhatta (second-third century) Son of	
			Sinhagupta -1	
			Vridha Vagbhatta (author of Astanga Samgraha), II Madha Vagbhatta (author of Madya Samhita or Samgrah	
			Samhita) III	
			Laghu Vagbatta (author of Astanga Hridaya) IV	
			Rasa Vagbhatta (Author of Rasranta Samunchay)	
		3	Third Vagbhatta (12th century) Mantri of Gurjaradhipati	
		,	Jaisingh, Neminirvan, Author of Vagbhattanlankar.	
		4	Chaturtha Vagbhatta (13 th -14 th century	
		т	(Kavyanushasana, author of Hridayal Tippan)	
	1		·	
		5	Author of Shastra Darpan Nighantu, Vagbhatta Vyakaran	

Table no.1.2

S. N.	Sthana	Astanga Samgraha ⁴	Astanga Hridaya ⁵
1	Sutrasthan	40	30
2	Sharirsthan	12	6
3	Nidaansthan	16	16
4	Chikitsasthan	24	22
5	Kalpsthan	8	6
6	Uttarsthan	50	40
	TOTAL	150	120

Table no.1.3Determination of the period of Vagbhatta⁷

S.N.	Historian/Author name	Period	
1.	Charitrakosh Kar	150 A.D. (approx)	
2.	ShriGurupad Haldar	2 nd and 3 rd Century	
3.	ShriHariShastri Paharkara	Early 4 th Century	
4.	Shri Yadav Ji Trikam Acharaya	End of 4th century and Beginning of 5th century	
5.	Kaviraj Gannath Sen	Beginning of 5th Century	
6.	Shri Attridev Gupt	5 th century (<i>Purvaardh</i>)	
7.	Priyavrat Sharma	550 AD	
8.	Prof. Banwari lal Gaur	5th-6th century	
9.	Pandit Haridutt Shastri	6th Century	
10	Das Gupta	End of Sixth century and beginning of 7th century	
11	Wintergreen	Pratham Vagbhatta (625 AD) Divyt Vagbhatta (8th -9th century)	
12	Dr. Keith	ParthmVagbhatta (625AD)Divyt Vagbhatta (8th -9th century)	
13	Dr. Hornley	Parthma Vagbhatta (625 AD) divyt Vagbhatta (8th -9th century)	
14	Mukhopadhyay	Parthma Vagbhatta (625 AD) Divyt Vagbhatta (8th - 9th century)	
15	Vasudevarsharan Agarwal	Seventh century	