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A Systematic Review on Theses Works Carried out at the Post Graduate Department of *Dravyaguna* in Rajiv Gandhi Government Post Graduate Ayurvedic College and Hospital, Paprola, Himachal Pradesh from 2009 to 2021

Ram Deo Pandit¹, Ashwani Upadhyaya², Chandni Gupta,³ Kailash Rana⁴

- 1,4-PG Scholar, Department of Dravyaguna, Rajiv Gandhi Government Post Graduate Ayurvedic College and Hospital, Paprola, Kangra, Himachal Pradesh, India
- 2-Professor, PG Department of Dravyaguna, Rajiv Gandhi Government Post Graduate Ayurvedic College and Hospital, Paprola, Kangra, Himachal Pradesh, India
- 3-Lecturer, PG Department of Dravyaguna, Rajiv Gandhi Government Post Graduate Ayurvedic College and Hospital, Paprola, Kangra, Himachal Pradesh, India

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Corresponding author-

Ram Deo Pandit, PG Scholar, Department of Dravyaguna, Rajiv Gandhi Government Post Graduate Ayurvedic College and Hospital, Paprola, Kangra, Himachal Pradesh, India.

Email:

dr.ramdeopandit@gmail.com

ABSTRACT:

Rajiv Gandhi Government Post Graduate Ayurvedic College and Hospital (RGGPGAC&H), Paprola (also known as Paprola Ayurvedic College) was established in 1972 as a private institution. It was taken over by the government of Himachal Pradesh in 1978, affiliating it to Himachal Pradesh University (HPU). Post Graduate Department of Dravyaguna (PGDD) at the college started in 2009; initially intake capacity of the department was two students per year which increased to three later. Since 2020 the intake capacity of PGDD is four students per year. Library and personal interview methods are used for this systematic review study. A total of 24 (5 experimental, 2 survey, 1 literary and 16 clinical) theses have been completed under the supervision of four faculties at the department. 8 theses studies are ongoing (3 clinical, 3 experimental, 1 survey and 1 literary). All those 24 theses studies occurred between 2009-2021 the yield significant results. The department has been continuously working hard on various research and developmental issues of Dravyaguna to promote and motivate Dravyaguna scholars all around.

Keywords: RGGPGAC&H, PG Department of Dravyaguna, Paprola Ayurvedic College, Himachal Pradesh University, Systematic review

INTRODUCTION

Rajiv Gandhi Govt. Post Graduate Ayurvedic College and Hospital (RGGPGAC&H), Paprola, Kangra, Himachal Pradesh (also known as Paprola Ayurvedic College) is located in the shadows of Dhauladhar Hills. The college came into existence in the year 1972 with the name of Him

Ayurvedic College (as a private institution) under the supervision of Vaid Hakim Parishad of Himachal Pradesh through the efforts of Vaid Jagan Nath Sharma. At that time, it was affiliated with Punjab faculty Chandigarh. In 1978 on 3rd March, it was undertaken by the government



of Himachal Pradesh. It got affiliated with Himachal Pradesh University in 1979. RGGPGAC&H is the only college of its type in the state¹. The college is recognized by the National Commission for the Indian System of Medicine (NCISM). It is running an undergraduate course (BAMS) with the capacity of admitting 75 students per year and a postgraduate MD/MS course in 14 different departments with an annual admission capacity of 56 students. The post-Graduate Department of *Dravyaguna* (PGDD) started in 2009 initially with an enrollment of enrolled two students per year which increased to three later. Since 2020 the intake capacity of PGDD is four students per year¹.

The college has a total of 63 experienced and dedicated departmental faculties. PGDD is served by a professor, two associate professors and a lecturer. They also serve as clinical consultants in the hospital to provide patient care. The college's concerned faculties also assist in teaching the pharmacy students at Jogindernagar. The college has its Ayurvedic pharmacy by name of Charka Ayurvedic Pharmacy. RGGPGAC&H has been declared a model college by the Department of AYUSH of the Government of India. RGGPGAC&H is well established with clinical, experimental and practical laboratories, college and departmental libraries computer labs with internet facilities. The peripheral center of the pharmacovigilance program also is set at the college which closely works in coordination with the PGDD¹.

MATERIALS AND METHODS

The library cum phone interview method was adopted for this review study. The departmental library of the Post Graduate Department of Dravyaguna and the college library of RGGPGAC&H were explored for this study.

OBSERVATIONS AND RESULTS

Table no. 1 Details of Thesis Work, Table no. 02 Literary view & Result of Thesis, Table no. 3 Data Analysis of Thesis

Table no. 04 Ethical Assurance, Reference base of the study & Safety consideration/ Toxicology issue of Thesis

DISCUSSION

In 12 academic sessions between 2009-2021, a total of 24 students have completed theses research studies. 8 scholars are in the runway to complete it. Out of 32 studies, 3 are ethno-medico-botanical survey studies, 3 are literary

studies, 8 are experimental studies and the remaining 18 are clinical studies. The 32 theses studies are all guided by four faculties at PGDD. The maximum no. of co-guides in those studies is 3 and the minimum is 1. On average each study is contributed by two co-guides. Excluding the survey studies and literary studies, in the remaining 26 studies (5 studies are comparative studies), 18 single herbal drugs are clinically studied and 8 single herbs are experimentally studied. All studies have got their hypothesis true and the result is observed substantial. These theses researches have been conducted on 22 different Ayurvedic cum modern ailments (3 studies on Shweta-pradara, 2 studies on hepato-protective activity and two on amlapitta disease). Except for the survey and literary studies, all other studies have taken ethical approval for the studies. All the clinical studies have taken intuitional ethical committee (IEC) approval from IEC at All the experimental studies have RGGPGAC&H. received intuitional animal ethical committee (IAEC) approval from different working research intuitions where their works were carried out. For data collection, these theses studies have specifically used experiments, observation and questionnaire, laboratory tests and literature review methods. The minimum sample size in clinical studies is 20 patients and the maximum is 30. Similarly, the minimum sample size in experimental studies is 6 and the maximum is 48 animals. experimental studies, the safety studies or toxicological issue was observed with the application of OECD guidelines. All the studies are inductive. For data analysis 5 studies have taken a descriptive approach and reaming 27 have taken an inferential approach. Out of 32 studies, 6 are observational studies and the remaining 26 are interventional studies. The maximum number of bibliographies listed in those theses is 442 and the minimum is 9. On average 60 bibliographies are listed in each thesis. To process and present the data, all the studies have exclusively used SPSS software. The conceptual reference base of these theses' studies are classical texts books as well as textbooks, reference books and publications of the various authorities under the government of India and its states.

CONCLUSION

In 12 academic sessions from 2009-2021, the PGDD has completed 24 theses and 8 theses studies are ongoing in all four dimensions of research. The completed theses studies have yielded significant results. The department has been

continuously working hard on various research and developmental issues of Dravyaguna to promote and motivate Dravyaguna scholars all around.

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ORCID

Ram Deo Pandit D, https://orcid.org/
0000-0001-8011-9113

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- 4. Shilpa, 2010, 'A Pharmaco-clinical study on *Katuka* (*Picrorrhiza kooroa* Royale) ex. Benth w.s.r. to) *Amlapitta*', MD thesis, HPU
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- 6. Mohamad, A 2011, 'A Pharmaco-Clinical study to evaluate *Shveta mushali(Asparagus adescens* Roxb.) as *Vrishya* on Seminal Parameters', MD thesis, HPU
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- 8. Bala, A 2012, 'A Comparative Pharmaco-Clinical study of *Shalmali Pushpa* and *Mochrasa (Bombax ceiba* Linn.) as *Rakta Stambhak* in *Rakta-pradara* w.s.r. to *Dubi*', MD thesis, HPU
- 9. Gupta, C 2012, 'A Pharmaco-Clinical study to evaluate *Akshotaka (Junglans Regia* Linn.) as Medhya', MD thesis, HPU
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- 11. Palsara, P 2013, 'A Comparative study of Tagar (*Valerinia jatamansi*) to evaluate its effect on *Shiroroga* w.s.r. to *Ardhavabhedaka*', MD thesis, HPU

- 12. Dubey, S 2013, 'A Phyto-pharmacognostical study on two species of *Daruharidra (Berberis aristata* and *Berberis lyceum)* to assess their neuro-chemical property', MD thesis, HPU
- 13. Yadav, H 2014, 'Chikitsa Kalika ke Bayakhya ke samandha mein Chandrat ka Dravyaguna ke Kshetra mein Vishesha Yogadaanm', MD thesis, HPU
- 14. Kaundel, M 2014, 'Survey of Religio-medicinal Plants of Distt. Kangra in Himachal Pardesh', MD thesis, HPU
- 15. Chandresh, R 2014, 'A Pharmaco-Clinical study on *Saral* to evaluate its effect on *Vipadika*', MD thesis, HPU
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- 17. Sandu, K 2015, 'To assess the activity of *Snigdha guna* as *Brhiniya* with *Vidarikanda* (*Pueraria tuberose* D.C.) in *Kristha*', MD thesis, HPU
- 18. Chaubay, P 2016, 'An Experimental & Phytopharmacognostical Study of *Traymana (Gentiana kurro* Royale) to evaluate its hepatprotective activity', MD thesis, HPU
- 19. Sood, T 2016, 'An Astro-Clinical Study of *Udumbara* in *Sweta Pradara*', MD thesis, HPU
- Deshraj, 2017, 'An Experimental and Phytopharmacognostical study on *Chirata (Swerita perpuresens)* to evaluate hepatoprotective Activity', MD thesis, HPU
- 21. Sharma, N 2017, 'Identification of different species used as *Bhumyamalaki* and clinical effect of *Phyllanthus fraternus* Webst. in *Amlapitta*.'
- 22. Kapoor, R 2017, 'Concept of Anukta & Anukta Dravyas w.s.r. to Shivlingi (B. laciniosa Linn.)', MD thesis, HPU
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- 25. Mehra, D 2019, 'Identification of different species used as *Vanafsha* and to evaluate the clinical efficacy of *Viola pilosa* Blume in *Kaphaj Kaas*', MD thesis, HPU
- 26. Pandit, R 2020, Experimental Study of *Van-Lashun* (*Fritillaria royeli* Hook.) to Evaluate its Anti-inflammatory activity on lower respiratory system (LRS)', MD thesis, HPU

- 27. Ritika, 2020, 'A Pharmacognostical and Phytochemical study on Pullas (Rhododendron arboretum Sm.) and to evaluate its effect Shweta Pradara with special reference to non-Specific Vaginal Discharge', MD thesis, HPU
- 28. Rana, S 2020, 'A Pharmacognostical Study on Shati (Hedychium spicatum Buch. Ham.ex. Smith) and Karchura (Curcuma zedoaria Rosc.) for its identification and to evaluate the clinical efficacy of Karchura (Curcuma zedoaria Rosc.) in Tamaka Shwasa', MD thesis, HPU
- 29. Sharma, S 2020, 'A Pharmacognostical Study on Pushkarmool (Inula racemosa Hook. f.) for its identification and comparative study to evaluate its antihistaminic effect with reference to Kusth (Saussurea lappa Decne. C. B. Clarke.) in an experimental Model', MD thesis, HPU
- 30. Ambika, 2021, 'Phyto Pharmacognostical and in-vitro study of Chorak (Angelica glauca Edgew.) to evaluate its hypolipidemic and anti-oxidant activities', MD thesis, **HPU**

- 31. Sharma, D 2021, 'Survey of medicinal plants of Bharmour sub-division in Distt. Chamba (Himachal Pardesh)', MD thesis, HPU
- 32. Rana, K 2021, 'Identification of different species used as Chukrika and to evaluate the clinical efficacy of Rumax vasicarius Linn. in Arochak', MD thesis, HPU
- 33. Gupta, P 2021, 'A classical review on pratinidhi dravyas and phytopharmacognostical analysis on Langali (Gloriosa superb Linn.) and Sthaunevaka (Taxus baccata Linn.) w.s.r. to Kustha (Saussurea lappa C.B. Clarke) as their pratinidhi', MD thesis, HPU

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Table no. 1 Details of Thesis Work

| Thesis no. | Academic year and Research Design | Title of thesis work/ Statement of problem | Thesis guide and No. of co-guides () | Research scholar |
|------------|--|--|---|----------------------------|
| 1 | 2009 Clinical | A Comparative Study of <i>Kumari Swarasa</i> and <i>Musabbar</i> to analyze its effect based on their different <i>Rasa Panchak</i> in the management of <i>Kashtartava</i> w.s.r. to Dysmenorrhoea ² | Prof. Ashwani Upadhyay (3) | Dr. Sonia Dhiman |
| 2 | 2009 Clinical | A Pharmacognostical and Phytochemical Study on Dhataki and to Evaluate its Effect on Sweta Pradara ³ | Assoc. Prof. Navneet Sharma (3) | Dr. Shama |
| 3 | 2010 Clinical | A Pharmaco-clinical study on <i>Katuka</i> (<i>Picrorrhiza kooroa</i> Royale) ex. Benth w.s.r. to) <i>Amlapitta</i> ⁴ | Prof. Ashwani Upadhyay (2) | Dr. Shilpa |
| 4 | 2011 Clinical | A Pharmaco-Clinical Study of <i>Padmaka</i> (<i>Prunus cerasoides</i>) to evaluate its effect as <i>Varanya</i> w.s.r. to the Skin complexion ⁵ | Prof. Ashwani Upadhyay (2) | Dr. Laxmi Hansda |
| 5 | 2011 Clinical | A Pharmaco-Clinical study to evaluate <i>Shveta mushali</i> (<i>Asparagus adescens</i> Roxb.) as <i>Vrishya</i> on Seminal Parameters ⁶ | Assoc. Prof. Navneet Sharma (2) | Dr. Mohamad Arif |
| 6 | 2011 Clinical | A Pharmaco-Clinical study of <i>Pippalimoola</i> (the root of <i>Pipper longum</i>) and its effect on <i>Anidra</i> (Insomnia) ⁷ | Prof. Ashwani Upadhyay (2) | Dr. Rekha Sharma |
| 7 | 2012 Clinical | A Comparative Pharmaco-Clinical study of <i>Shalmali</i> Pushpa and Mochrasa (Bombax ceiba Linn.) as Rakta Stambhak in Rakta-pradara w.s.r. to DUBI ⁸ | Assoc. Prof. Navneet Sharma (2) | Dr. Anu Bala |
| 8 | 2012 Clinical | A Pharmaco-Clinical study to evaluate <i>Akshotaka</i> (<i>Junglans Regia</i> Linn.) as <i>Medhya</i> ⁹ | Prof. Ashwani Upadhyay (2) | Dr. Chandni Gupta |
| 9 | 2012 Clinical | A Pharmaco-Clinical study of <i>Bergenia ciliate</i> Haw. Stenb and <i>Aerva lanata Jeus</i> to evaluate their antimicrobial activity and <i>Mutrvirenchaniya Karma</i> w.s.r. to UTI ¹⁰ | Assoc. Prof Rashmi Shrivastav (3) | Dr. Saurabh Singh Thapa |
| 10 | 2013 Clinical | A Comparative Study of <i>Tagar</i> (<i>Valerinia jatamansi</i>) to evaluate its effect on <i>Shiroroga</i> w.s.r. to <i>Ardhavabhedaka</i> ¹¹ | Assoc. Prof. Navneet Sharma (2) | Dr. Pankaj Palsara |
| 11 | 2013 Experimental | A Phyto-pharmacognostical study on two species of <i>Daruharidra (Berberis aristata</i> and <i>Berberis lyceum)</i> to assess their neuro-chemical property ¹² | Prof. Ashwani Upadhyay (2) | Dr. Soniya Dubey |
| 12 | 2014 Literary cum Clinical | Chikitsa Kalika ke Bayakhya ke samandha mein Chandrat ka Dravyaguna ke Kshetra mein Vishesha Yogadaan ¹³ | Assoc. Prof. Rashmi Srivastava (2) | Dr. Haridev Yadav |
| 13 | 2014 Survey cum Clinical | Survey of Religio-medicinal Plants of Distt. Kangra in Himachal Pardesh ¹⁴ | Assoc. Prof. Navneet Sharma (2) | Dr. Minakshi Kaundel |
| 14 | 2014 Experimental cum Clinical | A Pharmaco-Clinical study on <i>Saral</i> to evaluate its effect on <i>Vipadika</i> ¹⁵ | Prof. Ashwani Upadhyay (3) | Dr. Renuka Chandresh |
| 15 | 2015 Experimental | A Comparative experimental study of <i>Mansidwaya</i> (<i>Selinium vaginatum</i> C.B. Clarke and <i>Nordostachys grandifolia</i> D.C.) with special reference to their antihypertensive activity ¹⁶ | Prof. Ashwani Upadhyay (3) | Dr. Bishun Dayal Patel |
| 16 | 2015 Clinical | To assess the activity of <i>Snigdha</i> guna as <i>Brhiniya</i> with <i>Vidarikanda</i> (<i>Pueraria tuberose</i> D.C.) in <i>Kristha</i> ¹⁷ | Assoc. Prof. Navneet Sharma (2) | Dr. Kulvinder Sandu |

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| 17 | 2016 | An Experimental and Phytopharmacognostical Study of | Prof. Ashwani | Dr. Pragya |
|----|----------------------------------|---|---------------------------------------|--------------------------|
| | Experimental | hepato-protective activity ¹⁸ | | Chaubay |
| 18 | 2016 Clinical | An Astro-Clinical Study of <i>Udumbara</i> in <i>Sweta</i> Pradara ¹⁹ | Assoc. Prof. Navneet Sharma (2) | Dr. Tanvi Sood |
| 19 | 2017 Experimental | An Experimental and Phytopharmacognostical study on Chirata (Swerita perpuresens) to evaluate Upadhyay (3) hepatoprotective Activity ²⁰ | | Dr. Deshraj |
| 20 | 2017 Clinical | Identification of different species used as Bhumyamalaki and clinical effect of Phyllanthus fraternus Webst. in Amlapitta ²¹ | Assoc. Prof. Navneet Sharma (2) | Dr. Navneet Sharma |
| 21 | 2017 Literary cum Clinical | Concept of Anukta and Anukta Dravyas w.s.r. to Shivlingi (B. laciniosa Linn.) ²² | Assoc. Prof. Rashmi Srivastava (3) | Dr. Ranjana Kapoor |
| 22 | 2018 Survey | Survey of Medicinal Plants of Lahaul Region in Distt. Lahaul & Spiti (Himachal Pardesh) ²³ | Prof. Ashwani Upadhyay (2) | Dr. Rajan Bodh |
| 23 | 2019 Experimental | Study of <i>Vipaka</i> in an experimental model to evaluate the effect of <i>KatuVipak of Kusth</i> (<i>Saussurea lappa</i>) w.s.r.t. fat metabolism ²⁴ | Assoc. Prof. Rashmi Srivastava (3) | Dr. Anuradha Lalotra |
| 24 | 2019 Clinical | Identification of different species used as <i>Vanafsha</i> and to evaluate the clinical efficacy of <i>Viola pilosa</i> Blume in <i>Kaphaj Kaas</i> ²⁵ | Assoc. Prof. Navneet Sharma (1) | Dr. Divya Laxmi Mehra |
| 25 | 2020 Experimental | Experimental Study of <i>Van-Lashun</i> (Fritillaria royeli Hook.) to Evaluate its Anti-inflammatory activity on the lower respiratory system (LRS) ²⁶ | Prof. Ashwani Upadhyay (3) | Dr. Ram Deo Pandit |
| 26 | 2020 Clinical | A Pharmacognostical and Phytochemical study on <i>Pullas (Rhododendron arboreum</i> Sm.) and to evaluate its effect <i>Shweta Pradara</i> with special reference to non-Specific Vaginal Discharge ²⁷ | Dr. Chandni Gupta (3) | Dr. Ritika |
| 27 | 2020 Clinical | A Pharmacognostical Study on <i>Shati</i> (<i>Hedychium spicatum</i> Buch. Ham.ex. Smith) and <i>Karchura</i> (Curcuma zedoaria Rosc.) for its identification and to evaluate the clinical efficacy of <i>Karchura</i> (<i>Curcuma zedoaria</i> Rosc.) in <i>Tamaka Shwasa</i> ²⁸ | Assoc. Prof. Navneet Sharma (1) | Dr. Shefali Rana |
| 28 | 2020 Experimental | A Pharmacognostical Study on <i>Pushkarmool</i> (<i>Inula racemosa</i> Hook. f.) for its identification and comparative study to evaluate its antihistaminic effect with reference to <i>Kusth</i> (<i>Saussurea lappa</i> Decne. C. B. Clarke.) in an experimental model ²⁹ | Assoc. Prof. Rashmi Srivastav (3) | Dr. Sunil Sharma |
| 29 | 2021 Experimental | Phyto Pharmacognostical and in-vitro study of <i>Chorak</i> (<i>Angelica glauca</i> Edgew.) to evaluate its hypolipidemic and anti-oxidant activities ³⁰ | Dr. Chandni Gupta (3) | Dr. Ambika |
| 30 | 2021 Survey | Survey of medicinal plants of Bharmour sub-division in Distt. Chamba (Himachal Pardesh) ³¹ | Prof. Ashwani Upadhyay (3) | Dr. Diksha Sharma |
| 31 | 2021 Clinical | Identification of different species used as <i>Chukrika</i> and to evaluate the clinical efficacy of <i>Rumax vasicarius</i> Linn. In <i>Arochak</i> ³² | Assoc. Prof. Navneet Sharma (2) | Dr. Kailash Rana |
| 32 | 2021 Literary | A classical review on <i>pratinidhi dravyas</i> and phytopharmacognostical analysis on <i>Langali</i> (<i>Gloriosa superb</i> Linn.) and <i>Sthauneyaka</i> (<i>Taxus baccata</i> Linn.) w.s.r. to <i>Kustha</i> (<i>Saussurea lappa</i> C.B. Clarke) as their <i>pratinidhi</i> ³³ | Assoc. Prof. Rashmi Srivastava (2) | Dr. Priyal Gupta |

Table no. 02 Literary view & Result of Thesis

| Thesis no. | Disease | Drug | Result (Significant/non- significant) | Hypothesis test (True/False) |
|------------|---|-----------------------------------|---|---------------------------------|
| 1 | Kasta-artava | Kumari swarasa/musabbar | Significant | True |
| 2 | Sweta-pradara | Dhataki | Significant | True |
| 3 | Amlapitta | Katuka | Significant | True |
| 4 | Varanya | Padmaka | Significant | True |
| 5 | Vrishya | Shveta mushali | Significant | True |
| 6 | Anidra | Pippali-moola | Significant | True |
| 7 | Rakta-pradara | Shalmali puspha/mocharasa | Significant | True |
| 8 | Medhya | Akshotaka | Significant | True |
| 9 | Mutravirechyania karma and anti- microbial activity | Goraksha-ganja and Pashan-beda | Significant | True |
| 10 | Ardhaava-bhedaka | Tagar | Significant | True |
| 11 | Neuro-chemical property | Daruharidra | Significant | True |
| 12 | NA | NA | Significant | True |
| 13 | NA | NA | Significant | True |
| 14 | Vipadika | Saral | Significant | True |
| 15 | Antihypertensive Activity | Mansidwaya | Significant | True |
| 16 | Kristha | Vidarikanda | Significant | True |
| 17 | Hepato-protective | Traymana | Significant | True |
| 18 | Sweta-pradara | Udumbara | Significant | True |
| 19 | Hepato-protective activity | Chirata | Significant | True |
| 20 | Amlapitta | Bhumi-amalaki | Significant | True |
| 21 | NA | Shivlingi | Significant | True |
| 22 | NA | NA | Significant | True |
| 23 | Fat metabolism | Kustha | Significant | True |
| 24 | Kaphaj-kaas | Vanafsha | Significant | True |
| 25 | Anti-inflammatory | Van-lashun | Significant | True |
| 26 | Shweta-pradara | Pullas | Significant | True |
| 27 | Tamaka-swash | Karchura | Significant | True |
| 28 | Anti-histamanic | Pushkarmool | Significant | True |
| 29 | Hypolipidemic | Chorak | Significant | True |
| 30 | NA | NA | Significant | True |
| 31 | Arochak | Chukrika | Significant | True |
| 32 | NA | Langali/Sthauneyaka/Kustha | Significant | True |

Table no. 3 Data Analysis of Thesis

| Thes is no. | Method of data collection | Sampling (Design/Size) | Analysis of data (Descriptive/inferential) | Research type (Interventional/Observational) | Statistical methods/s oftware used |
|-------------|---|---------------------------|--|---|---|
| 1 | Observation, experiments, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 2 | Observation, experiments, questionnaire and tests | 40 patients | Inferential | Interventional | SPSS |
| 3 | Observation, experiments, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 4 | Observation, experiments, questionnaire and tests | 21 patients | Inferential | Interventional | SPSS |
| 5 | Observation, experiments, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 6 | Observation, experiments, questionnaire and tests | 25 patients | Inferential | Interventional | SPSS |
| 7 | Observation, experiments, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 8 | Observation, experiments, questionnaire and tests | 30 Volunteers | Inferential | Interventional | SPSS |
| 9 | Observation, experiments, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 10 | Observation, questionnaire and tests | 20 patients | Inferential | Interventional | SPSS |
| 11 | Experiments | 30 mice | Inferential | Interventional | SPSS |
| 12 | Literature review Observation, experiments, questionnaire and tests | NA | Descriptive | Observational | SPSS |
| 13 | Observation & questionnaire | NA | Descriptive | Observational | SPSS |
| 14 | Observation, experiments, questionnaire and tests | 20 patients & 30 rats | Inferential | Interventional | SPSS |
| 15 | Experiments | 48 rats | Inferential | Interventional | SPSS |
| 16 | Observation, questionnaire and tests | 21 patients | Inferential | Interventional | SPSS |
| 17 | Experiments | 12 rats | Inferential | Interventional | SPSS |
| 18 | Observation, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 19 20 | Experiments Observation, experiments, questionnaires and tests | 36 rats 30 patients | Inferential Inferential | Interventional Interventional | SPSS SPSS |
| 21 | Experiments & literature review | 6 rats | Descriptive | Interventional cum Observational | SPSS |
| 22 | Observation & questionnaire | 15 locals | Descriptive | Observational | SPSS |
| 23 | Experiments | 18 mice | Inferential | Interventional | SPSS |
| 24 | Observation, experiments, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 25 | Experiments | 30 mice | Inferential | Interventional | SPSS |
| 26 | Observation, experiments, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 27 | Observation, experiments, questionnaires and tests | 30 patients | Inferential | Interventional | SPSS |
| 28 | Experiments | 36 mice | Inferential | Interventional | SPSS |
| 29 | Experiments | NA | Inferential | Interventional | SPSS |
| 30 | Observation and Questionnaire | NA | Descriptive | Observational | SPSS |
| 31 | Observation, experiments, questionnaire and tests | 30 patients | Inferential | Interventional | SPSS |
| 32 | Literature review and experiments | NA | Descriptive | Observational | SPSS |

Table no. 04 Ethical Assurance, Reference base of the study & Safety consideration/ Toxicology issue of Thesis

| Thesis no. | No. of bibliography listed | Ethical Assurance | Reference base of the study | Safety consideration/ Toxicology issue |
|------------|----------------------------------|----------------------------|--|---|
| 1 | 58 | RGGPG/IEC/62/ 17-12-2011 | Database of Medicinal Plants used in Ayurveda (DBMPA) Vol. 3 | NA |
| 2 | 60 | RGGPG/IEC/63/17-12-2011 | API Part I, Vol. I | NA |
| 3 | 46 | 4/2012 | The wealth of India Vol. III | NA |
| 4 | 44 | IEC/2013/380 | DBMPA Vol. 3 | NA |
| 5 | 58 | IEC/2013/382 | Indian medicinal plants Vol. | NA |
| 6 | 53 | IEC/2013/181 | DBMPA Vol. 3 | NA |
| 7 | 41 | IEC/2013/415 | API Part I Vol. III | NA |
| 8 | 51 | IEC/2013/414 | DBMPA Vol. 4 | NA |
| 9 | 43 | IEC/2013/416 | API Part I, Vol. I | NA |
| 10 | 45 | IEC/2014/663 | API Part I Vol. I | NA |
| 11 | 176 | AIMSR/MC/Estt/11/2k14/1376 | The Wealth of India | As per OECD guidelines |
| 12 | 14 | IEC/2015/1046 | Chikitsa Kalika | NA |
| 13 | 31 | IEC/2015/1045 | NA | NA |
| 14 | 40 | IEC/2015/1044 | DBMPA Vol. VI | NA |
| 15 | 442 | IAEC/IHBTP-12/Mar.2017 | API Vol. I and VI | As per OECD guidelines |
| 16 | 18 | Ayu/IEC/2015/1097 | DBMPA Vol. VI | NA |
| 17 | 164 | IHBTP-18/IAEC/12/2017 | API Part I, Vol. VI | As per OECD guidelines |
| 18 | 229 | Ayu/IEC/2016/1134 | API Part I, Vol. I | NA |
| 19 | 69 | IAEC/IHBTP-8/May 2018 | Flora of British India Vol. IV & API | As per OECD guidelines |
| 20 | 31 | Ayu/IEC/2017/1168 | NA | NA |
| 21 | 58 | IAEC/IHBTP-5May 2018 | NA | As per OECD guidelines |
| 22 | 9 | NA | NA | NA |
| 23 | 128 | IAEC/IHBTP-7/March 2021 | Flora of British India | As per OECD guidelines |
| 24 | 111 | Ayu/IEC/2019/1243 | Aushadha Namaroopvigyanam Part II | NA |
| 25 | NA | IAEC/IHBTP-21/Oct 2022 | The Wealth of India Vol. IV | As per OECD guidelines |
| 26 | NA | Ayu/IEC/2021/1255 | Charak Samhita (Chikitsa- Sthan) | NA |
| 27 | NA | Ayu/IEC/2021/1256 | Bhava Prakash Nighantu | NA |
| 28 | NA | IAEC/IHBTP-21/Oct 2022 | Charak Samhita and Rajballav Nighantu | As per OECD guidelines |
| 29 | NA | IAEC/IHBTP-21/Oct 2022 | Bhava Prakash Nighantu | As per OECD guidelines |
| 30 | NA | NA | NA | NA |
| 31 | NA | Ayu/IEC/2022/1339 | Bhava Prakash Nighantu | NA |
| 32 | NA | NA | Bhaisajya Ratnavali | NA |