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Mono-Herbal Recipes in *Vangasena Samhita*-A Review

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ABSTRACT:

Herbal drugs are a major part of Ayurvedic medicine, which is evolved as a system of practice from ancient period. *Brihatrayee and Laghutrayee* are today's available classical texts. However, literature about Ayurveda has been created before & after these classical texts. *Vangasena Samhita* is one of such neglected but valuable text in between these two literatures. *Vangasena Samhita* or *Chikitsasarasamgraha* is a comprehensive work belongs to 12th century AD by *Vangasena*. This medical treatise is often quoted by the names *Vangasena samgraha*, *Vangadatta* or *Sarvasiddhantasara*. In *Vangasena Samhita*, it mainly deals with pathology, description of diseases along with the principles of treatment, different pharmaceutical preparations, prognosis and dietetics. In this treatise author contributes many mono-herbal recipes and formulations which are indicated in various disease conditions. Total herbal preparations in *Ayurveda* can be of mono-herbal (single) or poly-herbal (multiple). Among them single drug herbal recipes are very effective as well as easy to prepare and which helps in reducing, the over usage of medicinal plants in preparing the compound formulations. A total of about 371 mono-herbal recipes can be seen in *Vangasena Samhita*. Some of such single drugs are *Guduci*, *Pippali*, *Shunti*, *Amalaki*, *Vasa*, *Haritaki*, *Shigru*, *Eranda* etc. in various disease conditions along with their *anupana* and the mode of administration in a systematic manner. The review has focused on easily available and easily applicable herbal remedies.

Key words: *Vangasena Samhita*, Mono-herbal recipes, Single drugs.

INTRODUCTION

Since the prehistoric period, the herbal medicines have existed world- wide with long recorded history. Based on the material of origin, Ayurvedic medicines are divided into three classes, namely herbal, mineral and animal. Among this, herbal formulation has gained great importance and rising global attention recently. Nearly 80% of the global population still depends upon the herbal drugs for their health care.¹ Study of medicinal plants is one

of the essential, and useful branches of medicine. Many Indian plants are potential source of medicines and are used in the Ayurvedic medicinal system of treatment from ancient times. In general, there are two types of Ayurvedic herbal formulations: *Kashtoushadies* (purely herbal preparations) and *Rasoushadies* (herbo-mineral preparations). Total herbal preparations in *Ayurveda* can be of mono- herbal (single) or poly-herbal (multiple). Single herbal preparations are easy to administer & comfortable.



It is one among the most economical method of prescribing medicines. In poly herbal preparations various herbal drugs including rare drugs are combined to form an effective formulation but this can lead to scarcity of herbal medicinal plants. In order to withstand such a scenario mono herbal recipe may help. Healing art existed thousands of years earlier to BC period and later on got crystallized into texts of Traditional medicine. *Vangasena Samhita*, one of the luminaries of Indian systems of medicine and his contribution to *Ayurvedic* literature as a modern critical treatise. *Vangasena Samhita* or *Chikitsasarasamgraha* is a comprehensive work belongs to 12th century AD by *Vangasena* son of *Gadadhara* belongs to Kantipura of *Vangadesha*. This medical treatise is often quoted by the names *Vangasenasamgraha*, *Sarvasiddhantasara*, *Vangadatta* or *Vaidyavallabha*.² It contains pathology, description of diseases along with the principles of treatment, different pharmaceutical preparations, prognosis and dietetics. This book contains 11,572 verses, arranged in 100 chapters³. The oldest Manuscript of *Vangasena* is written in 1276 AD. It contains *Ashtangas* (8 branches) of Ayurveda. It has explained the diagnostic methodologies and treatment in detail. It deals with treatment of diseases with a few chapters on *nidana* in the beginning and of *Panchakarma*, dietetics and pharmaceutical practices in the end.

Vangasena has mainly followed *Vrundamadhava* and *Cakradatta*; but he included some new formulations and preparation to it. *Vangasena* cites and credits his treatise to *Charaka Samhita*, *Sushruta samhita* and *Madhava's Rogavinishcaya*.^{4,5} The diseases mentioned in *Madhavanidana* were included in *Vangasena* in the same order. *Vangasena* give elaborate details of mercury and mineral preparations along with the herbal recipes. *Tantrika* practice of *Vashikarana* had been mentioned for first time in *Vangasena Samhita*.

Acharya Vagbhata opines that “*Jagatyevamanousadham na kincitvidyate dravyam vasananarthayogayo*”⁶ means there is nothing in the universe without any medicinal value. In *Vangasena Samhita*, author contributes many mono-herbal recipes and formulations which are useful in different disease conditions. A study on the Contributions of *Vangasena* towards *Ashtangas* of *Ayurveda* w.s.r to *Panchakarma* was done (*Vidyanath et.al*; 2011)⁷, in which the practical orientation on *panchakarma* was emphasized. There was a comparative study done on *Vatarakta Chikitsa* from *Charaka Samhita* and *Vangasena Samhita* (*Honmore, et.al*; 2020)³. So far, no efforts have made to explore on

Vangasena Samhita for mono herbal drugs mentioned in the treatise for various disease conditions. Keeping this in view, the present study has been taken to trace out the mono-herbal drugs and their recipes articulated in various disease conditions. For the present study, thorough review on the *Vangasena Samhita* or *Chikitsasarasamgraha*, a comprehensive work belongs to 12th century AD by *Acharya Vangasena*, to extract and compile the single herbal drug recipes and to enumerate the single herbal drugs used in various diseases with specific *anupanas* was consulted. Total 100 chapters were thoroughly screened, identified the single herbal recipes and they were documented in a systemic manner.

MATERIALS AND METHODS

Vangasena Samhita or *Chikitsasara Samgraha* of *Vangasena*, (English Translation) Volume 1 and Volume 2 edited by *Nirmal Saxena* were thoroughly reviewed to compile the single drug recipes.

OBSERVATIONS

The single drug recipes of ascribed in *Vangasena Samhita* with their *anupanas* are enlisted in the table below: Table 1: Single drug recipes of *Vangasena Samhita*^{4,5} Table 2: Total number of Single drug recipes in each chapter.

DISCUSSION

Brihatrayee and *Laghutrayee* are today's available classical texts. However, literature about Ayurveda has been created before & after these classical texts. In Ayurveda few neglected *samhitas* like *Vangasena Samhita* which have very good knowledge and have some new principles also with an herbal treasure. Hence, an attempt is made here to find out various mono-herbal recipes used in this treatise for various diseases.

In total 371 mono-herbal recipes were found after a thorough review of *Vangasena Samhita*. Mono-herbal recipes are administered internally in the form of *Swarasa*, *Kalka*, *Kashaya*, *as pana*, *nasya*, *gandusha*, *karnapurana*, *dhoopana* & externally in the form of *lepa*, *anjana*, *aabhushana*, *abhyanga* etc. In *Jwaradhikara*, there were a greater number of single drug recipes whereas only one single drug recipe is found in *Ajeernadhikara*, *Kshathakshaya*, *Trishnaadhikara*, *Murchadhikara*, *Madatyayadhikara*, *Hrdrogadhikara*, *Mutraghataadhikara*, *Pramehadhikara*, *Bradnadhikara*, *Granthi*, *Arbudadhikara*, *Nadivranadhikara* & *Virechanadhikara*. Maximum number of recipes were found for *Guduci*

(*Tinospora cordifolia*) and *Haritaki* (*Terminalia chebula*) with different *anupanas* and also in various forms. Use of *Guduci* with different *anupanas* acts differently like *guduci* with *grita* acts as *vatahara*, with *guda* act on *vibandha*, with *sarkara* acts as *pittahara*, *guduci* with *shunti* cures *amavata*, with *eranda taila* cures *vatarakta*, which was taken from *Chakradatta*.^{8,4} Certain single drug formulations like *Bhringaraja gulika*, is prescribed orally for *Raktatisara chikitsa*. Similarly, mentioned about *Musta Kanda Ksheerapaka* prepared out of 20 *Musta kanda* should be taken orally for *Pittanubanda Jwara Pacana*.⁹ There is use of *Sakhotaka* bark (*Strebulus asper* Lour) with *gomutra* for *Slipada* and *Somaroga* were mentioned for the first time. Many single animal drug and many mineral drug recipes were also mentioned which were not included here. *Bringaraja rasayana* were given orally for *bhadirya*. In the chapter of *Rajayakshma* the use of *Bhanga* was described for first time as a compound formulation, which was not found in *Chakradatta*. *Vangasena* mentioned the use of *Nirgundirasa siddha gritha in yakshma and nagakesara kalka in pradara* which is taken from *Siddhasara sangraha*. From present review it is observed that many of these therapeutic indications were not scientifically validated till now, although these remedies are successfully used by many Ayurvedic physicians in their clinical practices. Usage of single herb will reduce the exploitation of plant materials otherwise commonly used. It will also help to reduce the addition of plants to endangered list of medicinal plants. Identification of new drugs will enlighten the scope for clinical researches and further exploration of drugs will be possible.

CONCLUSION

In practice of Ayurvedic medicine, we find more single drug therapy in its initial stages and compound formulations being added in latter times. *Vangasena Samhita*, which is a treasure for single drug therapy with mono-herbal recipes. A total of 371 Mono Herbal Recipes were mentioned in 100 chapters for various diseases along with various *anupanas*. Implementation of single drug therapy helps in cessation of large-scale deterioration of medicinal plants for the preparation of compound formulations and for enhancing the conservation of medicinal plants.

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Table 1: Single drug recipes of *Vangasena Samhita*^{4,5}

Sr. no	Drug	Anupana	Indication	Mode of Administration	Reference
1.	<i>Matulunga Kesara</i>	<i>Ghrita, Saindava lavana</i>	<i>Arochaka</i>	<i>Aasya dharana</i>	4/153
2.	<i>Rakta Shali</i>	<i>Peya</i>	<i>Basti parshwa shiroruja</i>	Oral	4/179
3.	<i>Dadima kalka</i>	<i>Sarkara</i>	<i>Aasya vairasya</i>	<i>Gandusha</i>	4/231
4.	<i>Parpata kashaya</i>		<i>Pittaja jwara with daha shosha brama</i>	Oral	4/243
5.	<i>Parpata kashaya</i>	<i>Sarkara</i>	<i>Pittaja jwara</i>	Oral	4/244
6.	<i>Kashmarya kashaya</i>		<i>Pittaja jwara</i>	Oral	4/245
7.	<i>Parpata</i>		<i>Paithika jwara</i>	Oral	4/246
8.	<i>Dhanyaka tandula kashaya</i>	<i>Sita</i>	<i>Antardahaghora jwara</i>	Oral	4/250
9.	<i>Haritaki choorna</i>	<i>Taila/ghrita/ madhu</i>	<i>Daha jwara</i>	Oral	4/256
10.	<i>Matulunga Kesara</i>	<i>Madhu Saindava</i>	<i>Jihwatalukloma shosha</i>	<i>Lepa on head</i>	4/258
11.	<i>Sindhuvara kashaya</i>	<i>Pippali churna</i>	<i>Kaphaja jwara</i>	Oral	4/271
12.	<i>Pippali choorna</i>	<i>Madhu</i>	<i>Kasa swasa jwara, hikka in baala</i>	Oral	4/277
13.	<i>Chanaka yoosha</i>		<i>Vatapittaja jwara</i>	Oral	4/300
14.	<i>Katuka choorna</i>	<i>Sarkara & hot water</i>	<i>Kaphapitta jwara</i>	Oral	4/307
15.	<i>Vasa puspa, patra svarasa</i>	<i>Madhu, sarkara</i>	<i>Kaphapitta jwara with raktapitta, kamala</i>	Oral	4/324
16.	<i>Pippali sruta toya</i>		<i>Vatasleshma jwara</i>	Oral	4/334
17.	<i>Pushkaramoola yusha</i>		<i>Vatasleshma jwara</i>	Oral	4/344
18.	<i>Jyothishmati taila</i>		<i>Tandra</i>	Nasya	4/491
19.	<i>Pindarakamoola taila</i>		<i>Tandra</i>	Nasya	4/491
20.	<i>Agastya patra svarasa</i>		<i>Chaturthaka jwara</i>	Nasya	4/578
21.	<i>Sahadevi moola</i>		<i>Vishama jwara</i>	<i>Kantaabharana</i>	4/579
22.	<i>Sita varshabhu moola</i>	<i>Paya</i>	<i>Chathurthaka jwara</i>	Oral	4/580
23.	<i>Sita varshabhu moola</i>	<i>Tambula patra</i>	<i>Chathurthaka jwara</i>	Oral	4/580
24.	<i>Pippali ksheera</i>	<i>Sarkara, madhu, navaghrta</i>	<i>Vishama jwara</i>	Oral	4/583
25.	<i>Rasona kalka</i>	<i>Tila taila</i>	<i>Vishama jwara</i>	Oral	4/587
26.	<i>Jeeraka choorna</i>	<i>Guda</i>	<i>Vishama jwara</i>	Oral	4/588
27.	<i>Vardhamana pippali</i>	<i>Paya</i>	<i>Vatarakta, kasa pandu arsha, shopa, gulma</i>	Oral	4/589
28.	<i>Trivrta choorna</i>	<i>Madhu</i>	<i>Vishama jwara</i>	Oral	4/590
29.	<i>Amlota patra peya</i>	<i>Ghrita</i>	<i>Chathurthaka jwara</i>	Oral	4/595
30.	<i>Matulunga svarasa</i>	<i>Madhu grita</i>	<i>Shirodaha</i>	<i>Lepa</i>	4/660

	<i>kalka</i>	<i>saindava</i>			
31.	<i>Krishna Agarū</i>		<i>Vatikajwara</i>	<i>Doopana</i>	4/667
32.	<i>Guduci kashaya</i>	<i>Pippali choorna</i>	<i>Jeernajwara with kapha</i>	Oral	4/696
33.	<i>Guduci kashaya</i>	<i>Pippali choorna / madhu</i>	<i>Jeernajwara kasa arochaka</i>	Oral	4/697
34.	<i>Pippali</i>	<i>Guda</i>	<i>Jeerna jwara,kasa, swasa</i>	Oral	4/698
35.	<i>Guduci kashaya</i>	$\frac{1}{4}$ <i>madhu</i>	<i>Jeernajwara</i>	Oral	4/699
36.	<i>Hingu</i>	<i>Saindava & purana ghrita</i>	<i>Shirashoola</i>	<i>Nasya</i>	4/707
37.	<i>Sweta jayanti moola</i>		<i>Jeernajwara</i>	<i>Keshabharana</i>	4/709
38.	<i>Pippali moola churna</i>	<i>Guda</i>	<i>Anidra</i>	Oral	4/713
39.	<i>Boiled Vartaka</i>	<i>Madhu</i>	<i>Anidra</i>	Oral	4/713
40.	<i>Kakamacimoola</i>		<i>Anidra</i>	Tied to head	4/714
41.	<i>Snoohimoola</i>	<i>Guda</i>	<i>Anidra</i>	Oral	4/714
42.	<i>Vijaya</i>	<i>Ajaksheera</i>	<i>Anidra</i>	<i>Padabyanga</i>	4/716
43.	<i>Pippalichoorna toya</i>	<i>Lavana</i>	<i>Shoolanaha Atisara</i>	Oral	5/24
44.	<i>Shunti(dry & wet)</i>	<i>Eranda swarasa</i>	<i>Amatisara</i>	Oral	5/31
45.	<i>Hinjala dala swarasa</i>	<i>Makshika</i>	<i>Amatisara</i>	Oral	5/43
46.	<i>Kutaja tvak kashaya</i>	<i>Madhu</i>	<i>Amatisara</i>	Oral	5/43
47.	<i>Musta kanda ksheerapaka 20</i>	<i>Paya</i>	<i>Amadosha</i>	Oral	5/44
48.	<i>Yavakshara</i>	<i>Ghrita</i>	<i>Niramaroopa Amatisara</i>	Oral	5/49
49.	<i>Mushta kashaya</i>	<i>Madhu</i>	<i>Pakvatisara</i>	Oral	5/55
50.	<i>Amalaki kalka</i>	<i>Adraka swarasa</i>	<i>Atisara</i>	<i>Lepa</i>	5/69
51.	<i>Dhanyaka ghrita</i>		<i>Pittatisara</i>	Oral	5/91
52.	<i>Vilwa</i>	<i>Guda</i>	<i>Raktatisara, vibhanda</i>	Oral	5/102
53.	<i>Pippali kalka</i>	<i>Paya</i>	<i>Pravahika</i>	Oral	5/104,286
54.	<i>Maricha kalka</i>	<i>Paya</i>	<i>Pravahika</i>	Oral	5/104
55.	<i>Satavari kalka</i>	<i>Ksheera/ghrita</i>	<i>Raktatisara</i>	Oral	5/111
56.	<i>Priyangu kalka</i>	<i>Madhu, Tandulambu</i>	<i>Raktatisara</i>	Oral	5/113
57.	<i>Priyangu kalka</i>	<i>Dhanvayasa svarasa</i>	<i>Raktatisara</i>	Oral	5/113
58.	<i>Kutaja twak kvatha</i>	<i>Ajaksheera & madhu</i>	<i>Raktatisara</i>	Oral	5/108
59.	<i>Nagakesara</i>	<i>Navaneeta & madhu/ sarkara</i>	<i>Raktatisara</i>	Oral	5/119
60.	<i>Bhringaraja gulika</i>		<i>Raktatisara</i>	Oral	5/120
61.	<i>Changeri grita</i>		<i>Raktatisara</i>	Oral	5/130
62.	<i>Changeri rasa (putapaka)</i>	<i>Saindava</i>	<i>Aruchi jatararoga</i>	Oral	5/149
63.	<i>Ankotamoola</i>	<i>Takra</i>	<i>Atisara</i>	Oral	5/170
64.	<i>Pata patra</i>	<i>Mahisha takra</i>	<i>Atisara</i>	Oral	5/170

65.	<i>Dagda vibhitaka phala</i>	<i>Lavana</i>	<i>Atisara</i>	Oral	5/172
66.	<i>Kutajatwak kashaya</i>	<i>1/8 ativisha churna</i>	<i>Atisara</i>	Oral	5/185
67.	<i>Brshta Mudga kashaya</i>	<i>Laja, madhu sarkara</i>	<i>Atisara, chardi, trishna</i>	Oral	5/247
68.	<i>Shunti ghrta</i>		<i>Grahani pandu</i>	Oral	6/58
69.	<i>Tandulodaka</i>		<i>Grahani</i>	Oral	6/73
70.	<i>Masura yusha</i>	<i>Ghrta</i>	<i>Sangraha grahani</i>	Oral	6/145
71.	<i>Bruhata churna</i>	<i>Takra</i>	<i>Sangraha grahani</i>	Oral	6/145
72.	<i>Shunti churna</i>	<i>Takra</i>	<i>Sangraha grahani</i>	Oral	6/146
73.	<i>Haritaki tvak</i>	<i>Takra</i>	<i>Grahani</i>	Oral	6/168
74.	<i>Apakva bilva phala</i>	<i>Madhu</i>	<i>Grahani</i>	Oral	6/169
75.	<i>Chitraka churna</i>	<i>Takra</i>	<i>Grahani</i>	Oral	6/169
76.	<i>Kapitha kalka</i>	<i>Madhu</i>	<i>Grahani</i>	Oral	6/190
77.	<i>Katphala churna</i>	<i>Madhu</i>	<i>Grahani</i>	Oral	6/190
78.	<i>Madhuka pushpasava</i>	<i>¼ madhu</i>	<i>Grahani</i>	Oral	6/198
79.	<i>Shunti kwatha</i>		<i>Kaphajarsha</i>	Oral	7/28
80.	<i>Suranakanda (putapaka)</i>	<i>Taila & lavana</i>	<i>Arsha</i>	Oral	7/67
81.	<i>Krishna tila</i>	<i>Sheeta jala in morning</i>	<i>Arsha, drudadanta</i>	Oral	7/68
82.	<i>Haritaki</i>	<i>Guda</i>	<i>Kacchu, kandu, arsha</i>	Oral	7/71
83.	<i>Chitraka moola tvak</i>	<i>Takra/ dadhi</i>	<i>Arsha</i>	<i>Lepa</i>	7/72
84.	<i>Vasa/ rasna/ shigru</i>		<i>Gudakeelaka</i>	<i>Svedana</i>	7/77
85.	<i>Tila</i>	<i>Navaneeta</i>	<i>Raktarsha</i>	<i>Snehana</i>	7/314
86.	<i>Nagakesara</i>	<i>Navneeta, sarkara</i>	<i>Raktarsha</i>	<i>Snehana</i>	7/34
87.	<i>Jyotsinika beeja kalka</i>		<i>Raktarsha</i>	<i>Lepa</i>	7/320
88.	<i>Yava kshara</i>	<i>Usnambu</i>	<i>Vibhanda, mutkrchra</i>	Oral	7/403
89.	<i>Shunti jala</i>		<i>Jeernaajeerna</i>	Oral	8/16
90.	<i>Kolasthi majja kalka</i>	<i>Jala</i>	<i>Bhasmaka</i>	Oral	10/9
91.	<i>Udumbara tvak kalka</i>	<i>Nari ksheera</i>	<i>Bhasmaka</i>	Oral	10/10
92.	<i>Paribhadra patra rasa</i>	<i>Madhu</i>	<i>Krimi</i>	Oral	11/24
93.	<i>Kimshuka rasa</i>	<i>Madhu</i>	<i>Krimi</i>	Oral	11/24
94.	<i>Dhattura</i>	<i>Madhu</i>	<i>Krimi</i>	Oral	11/24
95.	<i>Palasha beeja kashaya</i>	<i>Madhu</i>	<i>Krimi</i>	Oral	11/27
96.	<i>Palasha beeja kalka</i>	<i>Takra</i>	<i>Krimi</i>	Oral	11/27
97.	<i>Vidanga choorna</i>	<i>Madhu</i>	<i>Krimi</i>	Oral	11/30
98.	<i>Dhattura patra svarasa</i>	<i>Rasendra</i>	<i>Yukanasha</i>	E/A	11/45
99.	<i>Tambulapatra rasa</i>	<i>Rasendra</i>	<i>Yukanasha</i>	E/A	11/45
100.	<i>Kunati pishti</i>	<i>Katutaila</i>	<i>Yuka</i>	E/A	11/48
101.	<i>Haridra kalka kashaya</i>	<i>Ghrta</i>	<i>Pandu</i>	Oral	12/39
102.	<i>Guduci svarasa</i>	<i>Madhu</i>	<i>Kamala</i>	Oral	12/68
103.	<i>Daruharidra svarasa</i>	<i>Madhu</i>	<i>Kamala</i>	Oral	12/68
104.	<i>Nimba rasa</i>	<i>Madhu</i>	<i>Kamala</i>	Oral	12/68
105.	<i>Dronapushpi rasa</i>		<i>Kamala</i>	<i>Anjana</i>	12/68
106.	<i>Guduci kalka</i>	<i>Takra</i>	<i>Kamala</i>	Oral	12/70
107.	<i>Karkota moola</i>		<i>Kamala</i>	Inhalation	12/70

108.	<i>Devadali phala</i>		<i>Kamala</i>	Inhalation	12/70
109.	<i>Guduci ghrita</i>		<i>Kamala</i>	Oral	12/79
110.	<i>Vasa kashaya</i>	<i>Sarkara madhu</i>	<i>Rakapitta</i>	Oral	13/44
111.	<i>Haritaki churna</i>	<i>Madhu</i>	<i>Atisara, raktapitta</i>	Oral	13/71
112.	<i>Prthvika</i>	<i>Dviguna sarkara</i>	<i>Lohagandha nisvasa</i>	Oral	13/71
113.	<i>Amlaka phala</i>		<i>Epistaxis</i>	Oral	13/81
114.	<i>Madayantika rasa</i>		<i>Kshaya</i>	Oral	14/45
115.	<i>Nagabala moola churna</i>	<i>Ksheera</i>	<i>Bala, aarogyakara</i>	Oral	14/61
116.	<i>Pippali ghrita</i>	<i>Guda/ ajaksheera</i>	<i>Kshayakasa</i>	Oral	14/113
117.	<i>Laksha churna</i>	<i>Madhu & ghrita</i>	<i>Chardi due to shosha</i>	Oral	15/23
118.	<i>Nirgundi grita</i>		<i>Kaphajakasa</i>	Oral	16/53
119.	<i>Vibhitaka</i>	<i>Ghrita</i>	<i>Kasa</i>	Oral	16/54
120.	<i>Vasa svarasa</i>	<i>Madhu</i>	<i>Pittakaphajakasa</i>	Oral	16/60
121.	<i>Sringavera svarasa</i>	<i>Madhu</i>	<i>Kasa svasa arochaka</i>	Oral	16/61
122.	<i>Madhuyeshti</i>	<i>Madhu</i>	<i>Hikka</i>	<i>Nasya</i>	17/19-20
123.	<i>Pippali</i>	<i>Sarkara</i>	<i>Hikka</i>	<i>Nasya</i>	17/19-20
124.	<i>Shunti</i>	<i>Guda</i>	<i>Hikka</i>	<i>Nasya</i>	17/19-20
125.	<i>Chandana</i>	<i>Stanya</i>	<i>Hikka</i>	<i>Nasya</i>	17/21
126.	<i>Laksha rasa</i>	<i>Stanya</i>	<i>Hikka</i>	<i>Nasya</i>	17/21
127.	<i>Matulunga rasa</i>	<i>Madhu/saindava</i>	<i>Hikka</i>	Oral	17/22
128.	<i>Kasamoola churna</i>	<i>Madhu</i>	<i>Hikka</i>	Oral	17/23
129.	<i>Vasa ghrita</i>	<i>Guda</i>	<i>Hikka</i>	Oral	17/39
130.	<i>Tila taila</i>	<i>Guda</i>	<i>Svasa</i>	Oral	18/44
131.	<i>Haritaki kwata</i>	<i>Madhu</i>	<i>Tamakasvasa</i>	Oral	18/54
132.	<i>Bringaraja rasa</i>	<i>Madhu</i>	<i>Tamakasvasa</i>	Oral	18/54
133.	<i>Maricha churna</i>	<i>Madhu</i>	<i>Arochaka</i>	Oral	20/11
134.	<i>Ardraka</i>	<i>Saindava</i>	<i>Jihvakanta vishodhana</i>	Oral	20/17
135.	<i>Draksha rasa</i>	<i>Madhu</i>	<i>Pittaja chardi</i>	Oral	21/17
136.	<i>Parpata kwatha</i>	<i>Madhu</i>	<i>Chardi</i>	Oral	21/22
137.	<i>Haritaki churna</i>	<i>Madhu</i>	<i>Chardi</i>	Oral	21/23
138.	<i>Maricha</i>	<i>Madhu</i>	<i>Chardi</i>	Oral	21/31
139.	<i>Duralabha</i>	<i>Madhu</i>	<i>Kaphaja Chardi</i>	Oral	21/33
140.	<i>Vilva kwatha</i>	<i>Madhu</i>	<i>3 types of Chardi</i>	Oral	21/39
141.	<i>Guduci kwatha</i>	<i>Madhu</i>	<i>3 types of Chardi</i>	Oral	21/39
142.	<i>Guduci hima</i>	<i>Madhu</i>	<i>Chardi</i>	Oral	21/41
143.	<i>Shushka asvatha valkala</i>	<i>Toya</i>	<i>Chardi</i>	Oral	21/49
144.	<i>Rakta shali</i>	<i>Madhu</i>	<i>Chardi, trishna</i>	Oral	21/49
145.	<i>Madhu</i>		<i>Trishna daha</i>	<i>Gandusha</i>	22/32
146.	<i>Duralabha kashaya</i>	<i>Ghrita</i>	<i>Moorcha</i>	Oral	23/33
147.	<i>Amalaka ghrita</i>		<i>Moorcha madatyaya</i>	Oral	24/53
148.	<i>Chandana kalka</i>		<i>Sarvanga daha</i>	<i>Lepa</i>	25/8
149.	<i>Agaru</i>		<i>Sarvanga daha</i>	<i>Lepa</i>	25/8

150.	<i>Matulunga rasa</i>	<i>Madhu</i>	<i>Daha</i>	<i>Pradeha</i>	25/13
151.	<i>Rasona</i>	<i>Taila</i>	<i>Apasmara</i>	Oral	27/17
152.	<i>Satavari</i>	<i>Payas</i>	<i>Apasmara</i>	Oral	27/17
153.	<i>Brahmi rasa</i>	<i>Madhu</i>	<i>Apasmara</i>	Oral	27/17
154.	<i>Vandaka</i>	<i>Toya</i>	<i>Apasmara</i>	<i>Nasya</i>	27/20
155.	<i>Vacha churna</i>	<i>Madhu/ ghrita</i>	<i>Apasmara</i>	Oral	27/33
156.	<i>Mustamoola churna</i>	<i>Goksheera</i>	<i>Apasmara</i>	Oral	27/34
157.	<i>Kakanasamoola churna</i>		<i>Apasmara</i>	<i>Dhoopana</i>	27/36
158.	<i>Madanaphala/ beeja churna</i>	<i>Toya</i>	<i>Apasmara</i>	Oral	27/39
159.	<i>Patola yusha</i>		<i>Vatavyadhi</i>	Oral	28/31
160.	<i>Bala yusha</i>		<i>Vatavyadhi</i>	Oral	28/31
161.	<i>Phanija rasa</i>		<i>Vatavyadhi</i>	<i>Lepa</i>	28/36
162.	<i>Ardraka rasa</i>	<i>Taila</i>	<i>Vrushana vata</i>	Oral	28/56
163.	<i>Prishniparni ksheera</i>		<i>Hrdisthitha vata</i>	Oral	28/62
164.	<i>Pakvabimbi phala</i>	<i>Guda</i>	<i>Hanugraha</i>	<i>Dharana</i>	28/101
165.	<i>Rasona kalka</i>	<i>Ghrita taila</i>	<i>Arditha</i>	Oral	28/103
166.	<i>Balamoola kwatha</i>	<i>Saindava</i>	<i>Bahushosha/ manyasthamba</i>	Oral	28/118
167.	<i>Masuradala pishta</i>	<i>Sheeta jala</i>	<i>Padadaha</i>	E/A	28/135
168.	<i>Navneetha</i>		<i>Padadaha</i>	<i>Lepa</i>	28/136
169.	<i>Punarnava moola kalka taila</i>		<i>Vatakantaka</i>	<i>Padabhyanga</i>	28/140
170.	<i>Rasona taila</i>		<i>Vatavyadhi</i>	E/A	28/524
171.	<i>Eranda taila</i>	<i>Gomootra</i>	<i>Grdrasi, urusthambha</i>	Oral	28/580
172.	<i>Ardraka/ matulunga rasa</i>	<i>Taila/ ghrita</i>	<i>Gridrasi</i>	Oral	28/581
173.	<i>Eranda beeja ksheera</i>		<i>Katishula</i>	Oral	28/582
174.	<i>Mahanimba mula</i>	<i>Toya</i>	<i>Gridrasi</i>	Oral	28/589
175.	<i>Shephalikaladala kwatha</i>		<i>Gridrasi</i>	Oral	28/590
176.	<i>Tagara moola</i>	<i>Takra</i>	<i>Ringananila roga</i>	Oral	28/591
177.	<i>Guduci rasa/ kwatha/ kalka/ churna</i>		<i>Vatarakta</i>	Oral	29/41
178.	<i>Guduci</i>	<i>Ghrita/ guda/ sarkara/ madhu/ eranda taila/ shunti</i>	<i>Vatahara/ vibhanda/ pittahara/ kaphahara/ vatarakta/ amavata</i>	Oral	29/49
179.	<i>Haritaki</i>	<i>Guda</i>	<i>Vatarakta</i>	Oral	29/50
180.	<i>Shushka moola yusha</i>	<i>Shunti churna</i>	<i>Amavata</i>	Oral	31/18
181.	<i>Haritaki curna</i>	<i>Eranda taila</i>	<i>Amavata</i>	Oral	31/38
182.	<i>Eranda taila</i>	<i>Yavakshara</i>	<i>Mutrakrchra</i>	Oral	31/42
183.	<i>Shunti kwatha</i>	<i>Eranda taila</i>	<i>Kukshiktishula</i>	Oral	31/43
184.	<i>Eranda beeja ksheera</i>		<i>Katishula, gridrasi</i>	Oral	31/45
185.	<i>Jeevantimoola kalka</i>	<i>Taila</i>	<i>Parsvashula</i>	<i>Lepa</i>	32/11
186.	<i>Amalaki rasa</i>	<i>Sarkara</i>	<i>Pittajashula</i>	Oral	32/27

187.	<i>Vidari rasa</i>	<i>Sarkara</i>	<i>Pittajashula</i>	Oral	32/27
188.	<i>Yava peya</i>	<i>Madhu</i>	<i>Chardi</i>	Oral	32/31
189.	<i>Amalaki churna</i>	<i>Madhu</i>	<i>Pittaja shula</i>	Oral	32/34
190.	<i>Haritaki churna</i>	<i>Guda</i>	<i>Pittaja shula</i>	Oral	32/34
191.	<i>Rasona</i>	<i>Madya</i>	<i>Vatakapha shula</i>	Oral	32/70
192.	<i>Loha bhasma</i>	<i>Sarkara</i>	<i>Shula</i>	Oral	32/99
193.	<i>Dusparsha swarasa</i>	<i>Lavana toya</i>	<i>Udavarta</i>	Oral	34/17
194.	<i>Kakubha kwatha</i>	<i>Lavana toya</i>	<i>Udavarta</i>	Oral	34/17
195.	<i>Ervaruka beeja</i>	<i>Lavana toya</i>	<i>Udavarta</i>	Oral	34/17
196.	<i>Arjunatvak churna</i>	<i>Ghrita/ guda ksheera/</i>	<i>Hrdroga</i>	Oral	37/46
197.	<i>Ela churna</i>	<i>Gomutra</i>	<i>Mutrakrchra</i>	Oral	39/25
198.	<i>Kantakari svarasa</i>	<i>Madhu</i>	<i>Mutrakrchra</i>	Oral	39/39
199.	<i>Atibalamoola kashaya</i>		<i>Mutrakrchra</i>	Oral	39/39
200.	<i>Amalaka kalka</i>	<i>Guda</i>	<i>Mutrakrchra</i>	Oral	39/44
201.	<i>Yavakshara</i>	<i>Sarkara</i>	<i>Mutrakrchra</i>	Oral	39/45
202.	<i>Patala bhasma</i>	<i>Taila</i>	<i>Mutraghata</i>	Oral	40/35
203.	<i>Kutaja tvak kalka</i>	<i>Dadhi</i>	<i>Medrasarkara</i>	Oral	41/46
204.	<i>Varunamula churna</i>	<i>Varunamula kwatha</i>	<i>Ashmari</i>	Oral	41/61
205.	<i>Shigrumula kashaya</i>		<i>Ashmari</i>	Oral	41/62
206.	<i>Agnimantha patra/ beeja churna</i>		<i>Ashmari</i>	Oral	41/63
207.	<i>Guduci</i>	<i>Madhu</i>	<i>Prameha</i>	Oral	42/57
208.	<i>Chitrakamoola churna</i>	<i>Madhu</i>	<i>Sthoulya</i>	Oral	43/22
209.	<i>Atimukta beeja churna</i>	<i>Madhu</i>	<i>Sthoulya</i>	Oral	43/22
210.	<i>Erandamula kalka</i>	<i>Madhu</i>	<i>Sthoulya</i>	Oral	43/22
211.	<i>Haritaki kalka</i>	<i>Madhu</i>	<i>Jatra daurgandya</i>	<i>Pradeha</i>	43/72
212.	<i>Haritaki churna</i>	<i>Madhu</i>	<i>Jatra daurgandya</i>	Oral	43/76
213.	<i>Eranda taila</i>	<i>Gomutra/ ksheera</i>	<i>Udara</i>	Oral	44/56
214.	<i>Jyotishmathi taila</i>	<i>Ksheera</i>	<i>Udara</i>	Oral	44/143
215.	<i>Sharanpunka mula kalka</i>	<i>Takra</i>	<i>Pleeharoga</i>	Oral	44/144
216.	<i>Trivrt kwatha</i>		<i>Vata shotha</i>	Oral	45/29
217.	<i>Bilvapatra rasa</i>	<i>Maricha</i>	<i>Shotha, kamala</i>	Oral	45/50
218.	<i>Gulgulu</i>	<i>Mutra</i>	<i>Shotha</i>	Oral	45/69
219.	<i>Pippali</i>	<i>Ksheera</i>	<i>Shotha</i>	Oral	45/69
220.	<i>Haritaki</i>	<i>Guda</i>	<i>Shotha</i>	Oral	45/69
221.	<i>Shunti</i>	<i>Samaguda</i>	<i>Shotha</i>	Oral	45/69
222.	<i>Girikarnika</i>	<i>Gomutra</i>	<i>Shotha</i>	Oral	45/71
223.	<i>Sveta punarnavamula</i>	<i>Gomutra</i>	<i>Shotha</i>	Oral	45/71
224.	<i>Gulgulu</i>	<i>Gomutra</i>	<i>Vattika vrudhi</i>	Oral	46/14
225.	<i>Eranda taila</i>	<i>Gomutra</i>	<i>Vattika vrudhi</i>	Oral	46/14
226.	<i>Devadaru kashaya</i>	<i>Gomutra</i>	<i>Kaphaja antravrdhi</i>	Oral	46/21
227.	<i>Shigru twak kalka</i>	<i>Ghrita</i>	<i>Vridhi</i>	<i>Lepa</i>	46/25
228.	<i>Bharangi mula kalka</i>	<i>Toya</i>	<i>Kuranda, gandamala</i>	<i>Lepa</i>	46/42
229.	<i>Bharangi mula churna</i>	<i>Tushambu</i>	<i>Scrotalpain</i>	Oral	47/8

230.	<i>Hashtikarna palasa</i>		<i>Galaganda</i>	E/A	48/19
231.	<i>Sweta aparajita mula kalka</i>	<i>Ghrita</i>	<i>Galaganda</i>	Oral	48/30
232.	<i>Alambushadala swarasa</i>		<i>Apache.gandamala, kamala</i>	Oral	49/7
233.	<i>Varuna mula</i>	<i>Madhu</i>	<i>Gandamala</i>	Oral	49/19
234.	<i>Upodika rasa</i>		<i>Granti arbuda</i>	E/A	50/25
235.	<i>Sarshapa kalka</i>		<i>Inflammation of lymph nodes</i>	<i>Upanaha</i>	51/8
236.	<i>Elavaluka kalka</i>		<i>Shohta</i>	E/A	52/8
237.	<i>Kasamarda mula</i>	<i>Go ghrita</i>	<i>Sleepada</i>	Oral	52/10
238.	<i>Eranda taila</i>	<i>Go mutra</i>	<i>Sleepada</i>	Oral	52/10
239.	<i>Rupikamula twak</i>		<i>Sleepada</i>	E/A	52/20
240.	<i>Sakhotaka valkala toya</i>	<i>Gomutra</i>	<i>Sleepada</i>	Oral	52/21
241.	<i>Jingini patra</i>	<i>Tushambu</i>	<i>Sleepada</i>	<i>Swedana</i>	52/34
242.	<i>Shigru mula kalka</i>		<i>Vidradi</i>	<i>Upanaha</i>	53/30
243.	<i>Shigru mula rasa</i>	<i>Madhu</i>	<i>Vidradi</i>	Oral	53/44
244.	<i>Dantolpalamula kalka</i>	<i>Tandulodaka</i>	<i>Pittajavrana</i>	Oral	54/54
245.	<i>Sariva mula</i>		<i>Vrnashodhana</i>	<i>Prakshalana</i>	54/74
246.	<i>Tila kalka</i>	<i>Madhu</i>	<i>Vrana ropana</i>	E/A	54/77
247.	<i>Nimbapatra kalka</i>	<i>Madhu</i>	<i>Vrana shodhana</i>	E/A	54/78
248.	<i>Nimbapatra kalka</i>	<i>Ghrita</i>	<i>Vrana ropana</i>	E/A	54/78
249.	<i>Ksheera</i>	<i>Ghrita</i>	<i>Visha vrana</i>	E/A	54/97
250.	<i>Ganderuka mula</i>		<i>Sadyovrana</i>	E/A	55/40
251.	<i>Apamarga patra rasa</i>		<i>Sadyovrana</i>	E/A	55/42
252.	<i>Karpoora</i>	<i>Ghrita</i>	<i>Sastra kshta vrana</i>	E/A	55/43
253.	<i>Tinduka twak kashaya</i>	<i>Ghrita</i>	<i>Athidagda</i>	E/A	55/77
254.	<i>Asvatha shushka tvak churna</i>		<i>Dagda</i>	E/A	55/80
255.	<i>Prisniparni mula</i>	<i>Mamsa rasa</i>	<i>Bhagna</i>	Oral	56/25
256.	<i>Abhachurna</i>	<i>Madhu</i>	<i>Bhagna</i>	Oral	56/26
257.	<i>Lavana</i>	<i>Madhu</i>	<i>Nadivrana</i>	E/A	57/22
258.	<i>Bhringaraja rasa</i>		<i>Upadamsa</i>	<i>Vranaprakshalana</i>	59/23
259.	<i>Bandakapatra churna</i>		<i>Upadamsa</i>	E/A	59/26
260.	<i>Dadimatwak churna</i>		<i>Upadamsa</i>	E/A	59/26
261.	<i>Pugaphala churna</i>		<i>Upadamsa</i>	E/A	59/26
262.	<i>Karaveera mula</i>	<i>Toya</i>	<i>Upadamsa</i>	E/A	59/35
263.	<i>Trunapatra kalka</i>		<i>Vicharchika , sidma, dadru</i>	E/A	61/69
264.	<i>Khadira kwatha</i>		<i>Twak roga</i>	E/A	61/75
265.	<i>Haridra kalka</i>	<i>Gomutra</i>	<i>Kacchupama</i>	<i>Lepa</i>	61/124
266.	<i>Krishna Girikarnik kalka</i>		<i>Switra</i>	<i>Lepa</i>	61/282
267.	<i>Amalaka</i>	<i>Guda</i>	<i>Udarda</i>	Oral	62/9
268.	<i>Yavani</i>	<i>Guda</i>	<i>Udarda</i>	Oral	62/12
269.	<i>Ardraka swarasa</i>	<i>Purana guda</i>	<i>Sheetapitta</i>	Oral	62/14
270.	<i>Nimba patra</i>	<i>Ghrita</i>	<i>Udarda Sheetapitta</i>	Oral	62/18
271.	<i>Indrayava</i>	<i>Tandulambu</i>	<i>Visphota</i>	<i>Lepa</i>	65/28

272.	<i>Hingu</i>	<i>Sheetajala</i>	<i>Snayuka</i>	Oral	66/5
273.	<i>Babbula beeja</i>	<i>Toya</i>	<i>Snayuka</i>	<i>Swedana</i>	66/7
274.	<i>Nirgundi swarasa</i>		<i>Snayuka</i>	Oral	66/8
275.	<i>Karavi</i>	<i>Sheetajala</i>	<i>Snayuka</i>	Oral	66/8
276.	<i>Aswaganda ghrita</i>		<i>Snayuka</i>	Oral	66/9
277.	<i>Aswagandha taila</i>		<i>Snayuka</i>	Oral	66/9
278.	<i>Badara churna</i>	<i>Guda</i>	<i>Masurika</i>	Oral	67/53
279.	<i>Vasa rasa</i>	<i>Madhu</i>	<i>Kaphaja Masurika</i>	Oral	67/65
280.	<i>Matulunga swarasa</i>	<i>Sauvira</i>	<i>Masurika</i>	E/A	67/79
281.	<i>Arjuna twak</i>	<i>Madhu</i>	<i>Vyanga</i>	E/A	68/47
282.	<i>Manjishta</i>	<i>Madhu</i>	<i>Vyanga</i>	E/A	68/47
283.	<i>Tila taila</i>		<i>Vyanga(within 3weeks)</i>	<i>Pratimarsha nasya</i>	68/50
284.	<i>Kutaja twak</i>	<i>Lavana</i>	<i>Arumshika</i>	<i>Lepa</i>	68/112
285.	<i>Patola patraswarasa</i>		<i>Indralupta</i>	E/A	68/138
286.	<i>Gunja phala kalka</i>		<i>Hair growth</i>	E/A	68/139
287.	<i>Brihati rasa</i>	<i>Madhu</i>	<i>Indralupta</i>	E/A	68/140
288.	<i>Padma komala patra</i>	<i>Sarkara</i>	<i>Gudabramsha</i>	Oral	68/196
289.	<i>Palasa patra rasa</i>		<i>Osta roga</i>	E/A	69/22
290.	<i>Bakula</i>		<i>Caladanta</i>	<i>Carvana</i>	69/66
291.	<i>Laksha churna</i>	<i>Madhu</i>	<i>Dantasarkara</i>	<i>Lepa</i>	69/91
292.	<i>Koshna hingu</i>		<i>Krimidanta</i>	<i>Lepa</i>	69/95
293.	<i>Yavakshara</i>		<i>Upjihvika</i>	<i>Lepa</i>	69/140
294.	<i>Snuhi ksheera</i>		<i>Galshundi</i>	<i>Lepa</i>	69/155
295.	<i>Haritaki kwatha</i>	<i>Madhu</i>	<i>Galavidradi</i>	<i>Lepa</i>	69/192
296.	<i>Jati patra</i>		<i>Mukhapaka</i>	<i>Carvana</i>	69/216
297.	<i>Daruharidra rasakriya</i>	<i>Madhu</i>	<i>Mukharoga</i>	Oral	69/218
298.	<i>Beejapuraka phala twak</i>		<i>Mukhapaka</i>	<i>Carvana</i>	69/221
299.	<i>Aswathapatra swarasa</i>	<i>Taila lavana</i>	<i>Badirya</i>	E/A	70/56
300.	<i>Syonaka taila</i>		<i>Karnashula</i>	<i>Karnapoorana</i>	70/45
301.	<i>Bilwa taila</i>	<i>Gomutra, ksheera, jala</i>	<i>Bhadhirya</i>	<i>Karnapoorana</i>	70/63
302.	<i>Shunti</i>	<i>Ghrita/guda/ksheera</i>	<i>Pittaja peenasa</i>	Oral	71/23
303.	<i>Krishnajeeraka churna</i>		<i>Pratishyaya</i>	Smelling	71/73
304.	<i>Ardraka</i>	<i>Ksheera</i>	<i>Pittaja prathisyaya</i>	Oral	71/86
305.	<i>Amalakaphala rasa</i>		<i>Netraroga</i>	<i>Poorana</i>	72/35
306.	<i>Shigrupatra rasa</i>	<i>Madhu</i>	<i>Netraroga</i>	E/A	72/36
307.	<i>Karavira taruna patra rasa</i>		<i>Netraroga</i>	<i>Poorana</i>	72/39
308.	<i>Palasa swarasa</i>	<i>Madhu/ sarkara</i>	<i>Pittaja abhishyanda</i>	<i>Anjana</i>	72/88
309.	<i>Sarpi</i>	<i>Pana</i>	<i>Dhoomadarshi</i>	Oral	72/93
310.	<i>Lodra churna</i>	<i>Ghrita</i>	<i>Netraroga</i>	<i>Aschotana</i>	72/96
311.	<i>Phanita</i>	<i>Madhu</i>	<i>Siraharsha</i>	<i>Anjana</i>	72/110
312.	<i>Amlavetasa</i>	<i>Stanya</i>	<i>Siraharsha</i>	<i>Anjana</i>	72/110
313.	<i>Phanita</i>	<i>Saindava</i>	<i>Siraharsha</i>	<i>Anjana</i>	72/110
314.	<i>Punnagapatra jala</i>		<i>Corneal opacity</i>	<i>Sechana</i>	72/171

315.	<i>Syama kashaya</i>		<i>Corneal opacity</i>	<i>Sechana</i>	72/171
316.	<i>Syama kashaya</i>	<i>Madhu</i>	<i>Vrana sukra</i>	Oral	72/203
317.	<i>Prapaudarika</i>	<i>Ajaksheera</i>	<i>Pakatyaya, ajaka</i>	Oral	72/200
318.	<i>Krishna tila</i>		<i>Timira</i>	<i>Snana</i>	72/288
319.	<i>Amalaka kalka</i>		<i>Promotes eye sight</i>	<i>Snana</i>	72/289
320.	<i>Pinditaka mula</i>	<i>Madhu</i>	<i>Patala roga</i>	E/A	72/357
321.	<i>Pippali</i>	<i>Madhu/ saindava</i>	<i>Upanaha</i>	<i>Lepa</i>	72/496
322.	<i>Shuntikalka</i>	<i>Ksheera</i>	<i>Shiroroga</i>	<i>Nasya</i>	73/71
323.	<i>Dadima kalka</i>	<i>Sarkara</i>	<i>Shiroroga</i>	<i>Nasya</i>	73/72
324.	<i>Pippali</i>	<i>Saindava</i>	<i>Bhustamba</i>	<i>Nasya</i>	73/74
325.	<i>Shunti</i>	<i>Guda</i>	<i>Bhustamba</i>	<i>Nasya</i>	73/74
326.	<i>Bhringaraja swarsa</i>	<i>Ajaksheera</i>	<i>Sooryavartha</i>	<i>Nasya</i>	73/94
327.	<i>Saliparni patra</i>	<i>Jala</i>	<i>Arthavabhedaka</i>	<i>Nasya</i>	73/112
328.	<i>Shirisha mula, phala</i>		<i>Sooryavartha</i>	<i>Avapida nasya</i>	73/112
329.	<i>Rohitaka mula</i>	<i>Sarkara & madhu</i>	<i>Sweta pradara*3days</i>	Oral	74/32
330.	<i>Amalaka beeja kalka</i>	<i>Sarkara & madhu</i>	<i>Sweta pradara*3days</i>	Oral	74/32
331.	<i>Karpasa mula</i>	<i>Tandulodaka</i>	<i>Pradara</i>	Oral	74/33
332.	<i>Kakajankhaka mula</i>	<i>Tandulodaka</i>	<i>Pradara</i>	Oral	74/33
333.	<i>Nagakesara</i>	<i>Takra</i>	<i>Swetapradara</i>	Oral	74/34
334.	<i>Kushamula</i>	<i>Tandulapeya</i>	<i>Pradara</i>	Oral	74/40
335.	<i>Bhumyamlaki</i>	<i>Tandulapeya</i>	<i>Pradara</i>	Oral	74/42
336.	<i>Balamula</i>	<i>Madhu tandulambu</i>	<i>Raktapradara</i>	Oral	74/45
337.	<i>Lakshmana mula</i>	<i>Ksheera</i>	<i>Putrakamya</i>	<i>Nasya</i>	74/143
338.	<i>Palasha patra</i>	<i>Ksheera</i>	<i>Putrakamya</i>	Oral	74/144
339.	<i>Putranjeeva</i>	<i>Ksheera</i>	<i>Putreshthi</i>	Oral	74/143
340.	<i>Brihati mula</i>	<i>Ksheera</i>	<i>Putrakamya</i>	<i>Nasya</i>	74/143
341.	<i>Pushkaramula kalka</i>		<i>Sukhaprasava</i>	<i>Lepa</i>	74/229
342.	<i>Saliparni mula</i>		<i>Sukhaprasava</i>	<i>Lepa</i>	74/233
343.	<i>Apamargamula</i>		<i>Sukhaprasava</i>	inhaled	74/233
344.	<i>Kokilaksha mula rasa</i>		<i>Vishamagarbha</i>	<i>Karnapurna</i>	74/236
345.	<i>Patamula</i>	<i>Jala</i>	<i>Sukhaprasava</i>	<i>Lepa</i>	74/234
346.	<i>Vasamula</i>	<i>Jala</i>	<i>Sukhaprasava</i>	<i>Lepa</i>	74/234
347.	<i>Satapushpa</i>	<i>Jala</i>	<i>Vayu vega</i>	<i>Lepa</i>	74/242
348.	<i>Yavakshara churna</i>	<i>Ghrita/ koshna jala</i>	<i>Makkalla</i>	Oral	74/257
349.	<i>Vishala mula kalka</i>		<i>Sthanartha</i>	<i>Lepa</i>	74/338
350.	<i>Vandya karkotaki mula kalka</i>		<i>Sthanartha</i>	<i>Lepa</i>	74/339
351.	<i>Vidarikanda ksheerapaka</i>	<i>Sarkara</i>	<i>Galactagogue</i>	Oral	74/360
352.	<i>Kamala tandula kalka</i>	<i>Ksheera/ dadhi</i>	<i>Galactagogue</i>	Oral	74/361
353.	<i>Vidarikanda rasa</i>		<i>Galactagogue</i>	Oral	74/362
354.	<i>Sriparni taila</i>	<i>Tila taila</i>	<i>Fallen breast</i>	<i>Lepa</i>	74/368
355.	<i>Ghoshaka swarasa</i>	<i>Takra</i>	<i>Yonikanda</i>	Oral	74/387
356.	<i>Katuka churna</i>	<i>Sarkara/ madhu</i>	<i>Jvara</i>	Oral	75/25
357.	<i>Kantakari puspa</i>	<i>Madhu</i>	<i>Kasa</i>	Oral	75/59

358.	<i>Tanduliyaka mula grita</i>		<i>Mooshika visha</i>	Oral	76/180
359.	<i>Ankotamula kwatha</i>	<i>Ghrita</i>	<i>Alarka visha</i>	Oral	76/184
360.	<i>Ghrita</i>	<i>Saindavalavana</i>	<i>Vrischika visha</i>	Oral	76/190
	<i>Bijapurakapatra churna</i>	<i>Madhu</i>	<i>Adhovata/ insomnia</i>	Oral	77/3
361.	<i>Aswagandha churna</i>	<i>Madhu & sarkara</i>	<i>Insomnia</i>	Oral	77/13
362.	<i>Indivara churna</i>	<i>Tandulambu</i>	<i>Sugandavadana</i>	Oral	77/16
363.	<i>Varuna patra</i>		<i>Breast enhancer</i>	Rubbing	77/18
364.	<i>Mandukaparni swarasa</i>		<i>Rasayana</i>	Oral	78/376
365.	<i>Yashti churna</i>		<i>Rasayana</i>	Oral	78/376
366.	<i>Guduci swarasa</i>		<i>Rasayana</i>	Oral	78/376
367.	<i>Shankapushpi kalka</i>		<i>Rasayana</i>	Oral	78/376
368.	<i>Bhringaraja rasayana</i>		<i>Bhadharya</i>	Oral	78/381
369.	<i>Punarnava mula churna</i>	<i>Ksheera</i>	<i>Rasayana</i>	Oral	78/393
370.	<i>Shalmali mula kalka</i>	<i>Dadhimastu</i>	<i>Pravahika</i>	Oral	83/52

Table 2: Total number of Single drug recipes in each chapter:

Sl. No:	Name of Chapter	Total no of single drug recipes
1	<i>Jwara cikitsa</i>	42
2	<i>Atisaradhikarah</i>	25
3	<i>Grahani adhikara</i>	11
4	<i>Arsha adhikara</i>	10
5	<i>Ajeernadhikara</i>	1
6	<i>Bhasmakadhikara</i>	2
7	<i>Krimi Adhikara</i>	9
8	<i>Pandurogadhikara</i>	9
9	<i>Raktapitta adhikara</i>	4
10	<i>Rajayaksa Adhikara</i>	3
11	<i>Kshathakshaya Adhikara</i>	1
12	<i>Kasa Adhikara</i>	4
13	<i>Hikka Adhikara</i>	8
14	<i>Swasa Adhikara</i>	3
15	<i>Arochaka Adhikara</i>	2
16	<i>Chardhiroga Adhikara</i>	10
17	<i>Trishna Adhikara</i>	1
18	<i>Murcchadhikara</i>	1
19	<i>Madatyayadhikara</i>	1
20	<i>Dahadhikara</i>	3
21	<i>Apasmaradhikara</i>	8
22	<i>Vatavyadhi Adhikara</i>	18
23	<i>Vatarakta Adhikara</i>	3
24	<i>Amavata adhikara</i>	5
25	<i>Sula Adhikara</i>	8
26	<i>Udavarta Adhikara</i>	3
27	<i>Hrdroga Adhikara</i>	1

28	<i>Mutrakrchra Adhikara</i>	5
29	<i>Mutraghata Adhikara</i>	1
30	<i>Asmari Adhikara</i>	4
31	<i>Prameha Adhikara</i>	1
32	<i>Sthoulya Adhikara</i>	5
33	<i>Udara Adhikara</i>	3
34	<i>Shoatha Adhikara</i>	8
35	<i>Antravridi Adhikara</i>	5
36	<i>Bradna Adhikara</i>	1
37	<i>Galaganda Adhikara</i>	2
38	<i>Gandamala Adhikara</i>	2
39	<i>Granthi Adhikara</i>	1
40	<i>Arbhuda Adhikara</i>	1
41	<i>Slipada Adhikara</i>	6
42	<i>Vidradhi Adhikara</i>	2
43	<i>Vranashoatha Adhikara</i>	6
44	<i>Aganthujavrana Adhikara</i>	5
45	<i>Bhagna Adhikara</i>	2
46	<i>Nadivrana Adhikara</i>	1
47	<i>Upadasma Adhikara</i>	5
48	<i>Kushta Adhikara</i>	4
49	<i>Udarda, sitapitta, kotha Adhikara</i>	4
50	<i>Visphota Adhikara</i>	1
51	<i>Snayuka Adhikara</i>	6
52	<i>Masurika Adhikara</i>	3
53	<i>Kshudrarooga Adhikara</i>	8
54	<i>Mukharoga Adhikara</i>	10
55	<i>Karna roga Adhikara</i>	3
56	<i>Nasaroga Adhikara</i>	3
57	<i>Netraroga Adhikara</i>	17
58	<i>Shiroroga Adhikara</i>	7
59	<i>Striroga Adhikara</i>	27
60	<i>Balaroga Adhikara</i>	2
61	<i>Visha Adhikara</i>	3
62	<i>Jaladoshadiyogadhikara</i>	4
63	<i>Rasayanadhikara</i>	6
64	<i>Virechanadhikara</i>	1