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# Contribution Of Shaligram Nighantu In Dravyaguna Vigyana W.S.R. *Vishahar Dravyas*

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## ABSTRACT: -

*Shaligram Nighantu* is considered last in the series of classical *nighantus* written by Lala Shaligram Vaishya. *Shaligram Nighantu* is a combined portion of volumes 7 and 8 of *Brihan Nighantu Ratnakar*. Lexicons of *Ayurveda* details an enormous number of *vishahar dravyas* and their practical utility. According to *Shaligram Nighantu*, *vishahar dravyas* may show antihistaminic and immunomodulatory activities. In a similar context, *Shaligram Nighantu* has elaborated many anti venomous dravyas like *Neem (Azadirachta indica A. Juss.)*, *Bakuchi (Psoralea corylifolia L.)*, *Kutki (Picrorrhiza kurroa Royle ex Benth.)*, etc. This article provides an overall view of *Vishahar Dravyas* mentioned in *Shaligram Nighantu*.

**KEY WORDS-** Shaligram Nighantu, *Vishahar dravya*, Ayurveda



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## INTRODUCTION

*Shaligram Nighantu* is considered last in the series of classical *nighantus*. It is written by Lala Shaligram Vaishya. It was completed in 1896 A.D. *Shaligram Nighantu* is a combined portion of volumes 7 and 8 of *Brihan Nighantu Ratnakar*. The author has also written another book '*Saligrama Ousadha Sabda Sagara*'[(1)]. The author mentioned many new drugs brought to India by foreigners in modern times[(2)]. This *Nighantu* is based on *Vrahattrai*, *Laghuttrai*, *Chakradutta*, *Rasen dra sar sangrah*, *Rasendra Chintamani*, *Yog tarangini*, *Harit Samhita*, *Arkaprakash*, *Nadiprakash*, *Nighantu Ratnakar*, *Amarkosh etc. Shaligram Nighantu* is based on all previous *nighantus* although new drugs have been included eg. *Revandchini (Rheum emodi) Andhapushpi (Trichodesma indicum), Chirpota (Physallis minima L.), Maharsthri* (Mentha pubegium), *Vrashchika* (*Girardmia heterophylla Decne)*[(3)]. In the international market, the demand for plant-based medicine is increasing at a rapid phase. In folk and traditional medicine, various plants have been used against snake poison, scorpion poison, and in various other poisoning cases[(4)]. Lexicons of *Ayurveda* details an enormous number of *Vishahar Dravyas* (anti-toxic drugs) and their practical utility. In a similar context, *Shaligram Nighantu* has mentioned so many anti venomous dravyas like *Neem (Azadirachta indica A. Juss.), Bakuchi(Psoralea corylifolia L.), Kutki(Picrorrhiza kurroa Royle ex Benth.),* etc. This review is an attempt to focus on *Vishahar Dravyas* (anti-toxic drugs) mentioned in *Shaligram Nighantu*.

**Table 1: *Vishahar (anti-toxic drugs) plants* of *Karpuradi varga***

| S. No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Daalchini* | *Cinnamomum zeylanicum* | *Vishanashak* (anti-poisonous) |
| 2 | *Jatamansi* | *Nordostachys jatamansi* | *Vishapaha* |
| 3 | *Priyangu* | *Callicarpa macrophylla* | *Vishavinashyet* |
| 4 | *Ushir* | *Vetiveria zizanioides* | *Vishanashakam* |
| 5 | *Nakh* | *Capparis sepiaria* | *Vishamhanti* |
| 6 | *Chorak* | *Angelica glauca* | *Vishanashan* |
| 7 | *Sprakka( Kutila)* | *Helix aspersa* | *Vishahrit* |

**Table 2: *Vishahar* plants of *Haritakyadi varga***

| S. No | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Aamlaki* | *Phyllanthus emblica* | *Vishanashkam* |
| 2 | *Hapusha* | *Thevetia nerifolia* | *Vishagni* |
| 3 | *Kakoli* | *Lilium polyphyllum* | *Vishahar* |
| 4 | *Mulethi* | *Glycyrrhiza glabra* | *Vishapaha* |
| 5 | *Kampillak* | *Melottus phillipinensis* | *Vishapaha* |
| 6 | *Kutki* | *Picrorrhiza kurroa* | *Vishanashni* |
| 7 | *Rasna* | *Vanda roxburghii* | *Vishavinashini* |
| 8 | *Nakuli* | *Rauwolfia serpentina* | *Vishanashini* |
| 9 | *Manjishtha* | *Rubia cordifolia* | *Vishapaha* |
| 10 | *Bakuchi* | *Psoralea corylifolia* | *Vishavinashyet* |
| 11 | *Suhaga* | *Sodii barboras* | *Jangamvisham sthavarancha vishamnashyet* |

**Table 3: *Vishahar* plants of *Guduchyadi varga***

| S. No. | Drug name | Botanical source | Action |
|---|---|---|---|
| *1* | *Gambhari* | *Gmelina arboria* | *Vishapaha* |
| *2* | *Patla* | *Bignonia suaviolance* | *Vishavinashyet* |
| *3* | *Shalparni* | *Desmodium gangeticum* | *Garjit, vishahari* |
| *4* | *Tikta jivanti* | *Leptadenia reticulata* | *Vishahantri, vishapaha* |
| *5* | *Arka* | *Calotropis procera* | *Aakhurvishamhanti, vishahanti,vishapaha* |
| *6* | *Thuhar (sehund)* | *Euphorbia nerifolia* | *Vishamdushivishamharet, vraschikasyavishamharet* |
| *7* | *Saatla* | *Origanum valgaris* | *Udargatamvishamnashyet* |
| *8* | *Kaner* | *Nirium odoratum* | *Vishapaha* |
| *9* | *Neem* | *Azardiracta indica.* | *Vishapaha* |
| *10* | *Mahanimba* | *Melia azardiracta* | *Mushikayamvisham nashyet* |
| *11* | *Shigru beej* | *Moringa oleifera* | *Vishanashnam* |
| *12* | *Aprajita* | *Clitoria ternatia* | *Vishamsarpasyanashyet* |
| *13* | *Nirgundi* | *Vitex negundo* | *Vishanashyet* |
| *14* | *Maha karanj* | *Pongamia glabra* | *Vishapaha* |
| *15* | *Ghritkaranj* | *Pongemia pinnata* | *Vishamvinashyet* |
| *16* | *Gunja* | *Abrus precatorius* | *Vishamhanti, vishanashkam* |
| *17* | *Hijjal* | *Barringtonia accutangula.* | *Vishapaha* |
| *18* | *Atibala* | *Abutilon indicum* | *Vishaupshamni* |
| *19* | *Kritran* | *Cymbopogon martini* | *Vishaghni* |
| *20* | *Gorakhmundi* | *Sphaeranthus indicus* | *Vishadoshamvinasyet* |
| *21* | *Kokilaksha* | *Astercantha longifolia* | *Vishapaham* |
| *22* | *Murva* | *Clematis triloba Heyne* | *Vishadoshanchanashyet* |
| *23* | *Shankhpushpi* | *Evolvulus erecta* | *Vishapranut* |
| *24* | *Bandhyakarkotaki* | *Momordica dioica* | *Vishakantkini* |
| *25* | *Devdali* | *Luffa echinate* | *Vishagni* |
| *26* | *Naagdamni* | *Artimissia vulgaris* | *Vishapaha* |

***Table 4: Vishahar plants of Pushpa varga***

| S. No. | Drug name | Botanical source | Action |
|---|---|---|---|
| *1* | *Chameli* | *Jasminum grandiflorum* | *Vishaasrajit* |
| *2* | *Mallika* | *Jasminum officinale* | *Vishaharet, vishavranharapara* |
| *3* | *Yuthica (juhi)* | *Jasminum auriculatum* | *Vishapham* |
| *4* | *Bakul* | *Mimosops elengii* | *Vishapaha, vishanut* |
| *5* | *Kadamb* | *Anthocephacephalus cadamba* | *Vishaghno* |
| *6* | *Raajkadamb* | *Neolamarckia cadamba* | *Vishamvinashyet* |
| *7* | *Dhara kadamb* | *Loranthus longiflorus.* | *Vishanashyet* |
| *8* | *Dhooli kadamb* | *Mitragyna parviflora* | *Vishashothvinashyet* |
| *9* | *Bhoomi kadamb* | *Mitragyna rotundifolia.* | *Vishashothha* |
| *10* | *Kinkirat* | *Acacia arabica* | *Vishamnashyet* |
| *11* | *Agastya* | *Sesbania grandiflora* | *Vishamraktapittamnashyet* |
| *12* | *Marubak* | *Ocimum basilicum* | *Vishapranut* |
| *13* | *Krishnarjak* | *0cimum tenuiflorum* | *Garaghna* |
| *14* | *Vanbarbarika* | *Ocimum gratissimum* | *Vishagna, Vishapham* |
| *15* | *Kamal kesar* | *Nelumbo neucifera* | *Vishashothjit* |

**Table 5: *Vishahar* plants of *Phal varga***

| S. No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Pind khajoor* | *Phoenix dactylifera* | *Vishahara* |
| 2 | *Kuchla* | *Strychnus nuxvomica* | *Vishatindu and vishadrum Vishapaha* |
| 3 | *Peelu* | *Salvadora persica* | *Vishabadhamchanashyet* |
| 4 | *Katak (nirmali phal)* | *Strychinos potatorum* | *Vishanashyet, vishamjayet and vishaharam* |

**Table 6: *Vishahar* plants of *Vatadi varga***

| S. No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Arishtak* | *Sapintus emerginatus* | *Ardhasirshavyathamhanti vamnadvishanashnam* |
| 2 | *Katbhi* | *Careya arborea* | *Vishaghnika* |
| 3 | *Mushkak* | *Schrebera swietenoides.* | *Vishanut* |
| 4 | *Sajad* | *Terminalia glabra* | *Keetadinam vishapranut* |

**Table 7: *Vishahar* metals of *Dhatu updhatu varga***

| S. No. | Name | Botanical source | Action |
|---|---|---|---|
| 1 | *Swarn* | *Aurum* | *Vishadwayahrit (sthawar and jangam)* |
| 2 | *Rajat* | *Argentum* | *Vishagnam* |
| 3 | *Loha* | *Ferrum* | *Garamjayet* |
| 4 | *Pittal* | *Brass* | *Vishagnam* |
| 5 | *Soviranjam* | *Antimonai sulphuratum* | *Vishaghnam* |
| 6 | *Tuttha* | *Cupreu sulphas* | *Vishahrit, vishechevprashahyate* |
| 7 | *Swarnmakshik* | *Ferri sulphuretum* | *Vishapham* |
| 8 | *Abhrak* | *Mica* | *Hanyat visham, visham nihanyet* |
| 9 | *Sindoor* | *Red oxide of mercury* | *Vishapham* |
| 10 | *Manashila* | *Arsenic sulfatum* | *Vishanut* |
| 11 | *Hartal* | *Yellow arsenic sulfatum* | *Haretvisham* |
| 12 | *Kasis* | *Ferry sulfas* | *Vishakusthajit, vishapranut* |
| 13 | *Gerik* | *Bole rubra* | *Vishapham, vishapah, vishajayet* |
| 14 | *Khati (khadika)* | *Carbonate of calcium* | *Vishashoshjit* |
| 15 | *Jalshukti* | *Unio cariei* | *Vishadoshhara* |
| 16 | *Shankh* | *Turbinella pyrum* | *Vishadoshnut* |
| 17 | *Chumbak* | *Magnet* | *Vishagarapaha* |
| 18 | *Sorasthri* | *Alum* | *Vishapham* |
| 19 | *Pank (kichad)* | *Mud* | *Vishagn, vishapittasrabhagnajit* |

**Table 8: *Vishahar gems* of *Ratnopratna varga***

| S. No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *All ratna* | | *Vishagna, vishaharka* |
| 2 | *Manikya* | *Rubinus* | *Vishapham* |
| 3 | *Praval (munga)* | *Coralium rubram* | *Vishahrit* |
| 4 | *Panna* | *Smaragdus* | *Vishha, vishanut* |
| 5 | *Pukhraaj* | *Topagio* | *Vishajit* |
| 6 | *Vaikrant* | *Tourmaline* | *Vishaghnorasrajascha* |
| 7 | *Firoja* | *Terchesius turchina* | *Sthawarjangamanchevsanyogacchatatha visham* |

**Table 9: *Vishahar* plants of *Dhanya varga***

| S. No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Sarso* | *Brassica campestris* | *Vishapaha* |

**Table 10: *Visahahar* plants of *Shaak varga***

| S. No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Loni* | *Portulaca oleraceae* | *Vishanashni, vishamshukramchanashyet* |
| 2 | *Tanduliyak* | *Amaranthus tenifolius* | *Vishanashan, vishamchavisheshstohanti tanduliya, vishaghnamtanduliyakam* |
| 3 | *Palak* | *Spinasia oleracea* | *Vishamnashyet* |
| 4 | *Chanchu* | *Corchorus acutangularis* | *Vishari Vishagni, aakhordusthavishapham* |
| 5 | *Hulhul* | *Cleome viscosa* | *Vishaghni* |
| 6 | *Katutumbi* | *Cucurbita Lagenaria* | *Vishahar* |
| 7 | *Koshataki* | *Luffa amara* | *Vishapaha* |
| 8 | *Kolkanda* | *Uginea indica* | *Vishadosha nivaran* |
| 9 | *Gandha nakuli* | *Rauwolfia serpentina* | *Vishamardanika, ahimardani , Vishamardani* |
| 10 | *Chandalkanda* | - | *Vishaghni* |
| 11 | *Tailkanda* | *Sauromatum venosum* | *Vishari* |
| 12 | *Triparni* | *Marsdenia tenacissima* | *Vishavranharapara* |

**Table 11: *Vishahar dravya* of *Vaari varga***

| S. No. | Drug name | English name | Action |
|---|---|---|---|
| 1 | *Shritsheetjal* | Luke warm water | *Visharte* |

**Table 12: *Vishahar dravya* of *Dughda varga***

| S. No. | Drug name | English name | Action |
|---|---|---|---|
| 1 | *Godugdha* | *Cow milk* | *Vishahrit* |

**Table 13: *Vishahar dravya* of *Takra varga***

| S. no. | Drug name | English name | Action |
|---|---|---|---|
| 1 | *Takra* | *Buttermilk* | *Hantigaracchardi* |

**Table 14: *Vishahar dravya* of *Ghrit varga***

| S. No. | Drug name | English name | Action |
|---|---|---|---|
| 1 | *Goghrit* | Cow ghee | *Vishaghnam* |
| 2 | *Ashvighrit* | Horse ghee | *Vishapham* |

**Table 15: *Vishahar dravya* of *Mutra varga***

| S. No. | Dravya name | English name | Action |
|---|---|---|---|
| 1 | *Mutra* | Urine | *Vishagna* |
| 2 | *Manush mutra* | Human urine | *Vishaharam* |

**Table 16: *Vishahar dravya* of *Tail varga***

| S.No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Kapittha tail* | *Feronia elephantum Correa* | *Aakhuvishapham* |
| 2 | *Shinshapa tail* | *Dalbergia sissoo Roxb.* | *Vishamjayet* |

**Table 17: *Vishahar* plant of *Arka varga***

| S.No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Hapush arka* | *Juniperus communis L.* | *Vishahar* |
| 2 | *Jalmulethi ka arka* | - | *Vishapaha* |
| 3 | *Nakuli ka arka* | *Rauwolfia serpentina (L.) Benth. ex Kurz* | *Bhogilutadhyaakhuvikarhrit* |
| 4 | *Dhatkipushpa arka* | *Woodfordia fruticose (L.) Kurz* | *Vishakeetvisarpjit* |
| 5 | *Manjistha arka* | *Rubia cordifolia L.* | *Vishha* |
| 6 | *Chakramarda arka* | *Cassia tora L.* | *Vishahantyam* |
| 7 | *Kashmarya arka* | *Gmelina arborea Roxb.* | *Vishadaahnut* |
| 8 | *Mandak arka* | *Calotropis procera (Aiton) W.T.Aiton* | *Vishapaha* |
| 9 | *Raktakarvir arka* | *Nerium indicum (Linn.)* | *Vishahrit* |
| 10 | *Dhattur beej arka* | *Datura metal L.* | *Vishadikam* |

| | | | |
|---|---|---|---|
| 11 | *Mahanimb arka* | *Melia azardiracta L.* | *Mushikavishanashana* |
| 12 | *Shigru arka* | *Moringa oleifera Lam.* | *Vishahrit* |
| 13 | *Girikanya arka (koyli)* | *Clitoria ternatia L.* | *Vishapah* |
| 14 | *Hijjal arka* | *Barringtonia acutangular (L.) Lam.* | *Haretcharacharvishamsphutam* |
| 15 | *Ankol arka* | *Alangium salvifolium (L.f.) Wangerin* | *Vishapaha* |
| 16 | *Sharpunkha arka* | *Tephrosia purpurea (L.) Pers.* | *Vishapaha* |
| 17 | *Kaakjangha arka* | *Peristrophe bicalyculata (Retz.)* | *Hanyatvishakrimin* |
| 18 | *Hanspadi arka* | *Adiantum lunulatum L.* | *Hantilutavisham* |
| 19 | *Vandak arka* | *Loranthus longiflorus Desr.* | *Visharakshovranapaha* |
| 20 | *Sarparkhi arka* | *Ophiorrhiza mungos L.* | *Sarpavraschikadivishapaha* |
| 21 | *Sankhpushpi arka* | *Convolvulus prostrates Forssk.* | *Vishahar* |
| 22 | *Bramhamanduki arka* | *Centella asiatica (L.) urban* | *Vishaharet* |
| 23 | *Bandhyakarkotaki arka* | *Momordica dioica Roxb. ex Willd.* | *Sarpadanshvranapaha* |
| 24 | *Markandika arka* | *Cassia angustifolia M. Vahl* | *Vishapaha* |
| 25 | *Naagdamani arka* | *Artemisia nilagirica Burm.f. 1768 not L. 1753* | *Sarvvishanivarana* |

**Table 18: *Vishahar dravya* of *Madhu Varga***

| S.No. | Drug name | English name | Action |
|---|---|---|---|
| 1 | *Oddalak madhu* | *Oddalak honey* | *Vishapham* |

**Table 19: *Vishahar dravya* of *Ikshu varga***

| S.No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Ikshuras vikaar guna* | *Saccharum officinarum L.* | *Vishaharin* |

**Table20: *Visahahar dravya* of *Sandhan varga***

| S.No. | Drug name | English name | Action |
|---|---|---|---|
| 1 | *Madhwika Madhya* | *Madhwika alcohol* | *Vishamkusthamchanashyet* |

**Table 21: *Vishahar dravya yog* in *Sankhya varga***

| S.No. | Dravya name | Action |
|---|---|---|
| 1 | *Trijata* | *Vishapham, visahmnashyet* |
| 2 | *Chaturjaat* | *Vishapham* |
| 3 | *Madhurtray* | *Vishavinashyet* |
| 4 | *Upvishatray* | *Vishaghnam* |
| 5 | *Nimba panchang* | *Vishanashkaram* |
| 6 | *Yakshakardam(sugandhapanchak)* | *Vishchev vinashyet* |
| 7 | *Shadushan* | *Vishanashak* |

**Table 22: *Vishahar dravya* in *Aanupadi varga***

| S.No. | Dravya name | English name | Action |
|---|---|---|---|
| 1 | *Katu rasa* | *Pungent taste* | *Vishapha* |

**Table 23: *Vishahar dravya* in *Mishra varga***

| S.No. | Dravya name | | Action |
|---|---|---|---|
| 1 | *Khas or morpankh se bane pankhe ki hawa* | | *Vishadarpaha* |

**Table 24: *Vishahar* plants of *Parishistha bhaag***

| S.No. | Drug name | Botanical source | Action |
|---|---|---|---|
| 1 | *Tamakhu* | *Nicotiana tobaccum L.* | *Vraschikadivisha vinashyet* |
| 2 | *Sarpadrastha* | *Ruta graveolens L.* | *Vishapaha* |
| 3 | *Pataltumbi* | *Bovista speiices* | *Vishadoshavinashani* |
| 4 | *Nirvishi* | *Delphineum denudatum Wall* | *Vishamchevvinashyet* |
| 5 | *Koshataki* | *Luffa acutangular (L.) Roxb.* | *Vishamnashyet* |

## DISCUSSION

*Shaligram Nighantu* has described 987 *Dravyas* (drugs) out of which 156 *Dravyas* possess *Vishahar* (anti-toxic) activity. *Guduchyadi varga* has the most no of *Vishahar Dravyas* i.e. 26, 25 in *Arka varga*, 19 in *Dhatu updhatu varga* (Metal-submetals) , 15 in *Pushpa varga* (Flower), 12 in *Shaak varga* (vegetables), 11 in *Haritakyadi varga*, 7 in *Karpuradi varga*, *Ratna upratna varga* & *Sankhya varga*, 5 in *Parishishtha bhaag* , 4 in *Phal varga* (flower) and *Vatadi varga*, 2 in *Ghrit varga*, *Mutra varga* (Urine) and *Tail varga* (Oil) and single *Dravya* is mentioned in *Dhanya varga*(cereals), *Vari varga*(water), *Dughdha varga*(milk), *Takra varga*, *Madhu varga* (Honey), *Ikshu varga*, *Sandhan varga*, *Anupadi varga* and *Mishrak varga*. While there is no *Vishahar Dravya* mentioned in *Visha Varga*.[5]

For the treatment of snake poison, the following drugs are mentioned – *Bandhyakarkotaki*, *Sarpakshi*, *Nakuli*, and *Aparajita*. *Hanspadi* and *Nakuli* are mentioned in spider poison. In insect poison, *Dhataki* and *Sajad* are mentioned. In scorpion poison *Tamakhu*, *Sarpakshi* and *Thuhar* arementioned. *Firoja*, *S warn*, and *Suhaga* is an antidote for both vegetable and animal poison. *Naagdamani* is stated as an antidote for all types of *vishas*. Most of *vishahar dravya* with special indication has been mentioned for rat poison viz. *Kapittha* tail, *Mahanimba*, *Nakuli*, *Chanchu* and *Arka*. *Nakuli* is stated for scorpion poison, snake poison, and spider poison. *Sarpakshi* is also mentioned in snake and scorpion poison. *Clitoria ternatea, Ophiorrhiza mungos, Rauwolfia serpentina, etc* mentioned in this Nighantu are also used by the local healers to treat snake poison[6,7,8,9,10,11].

## CONCLUSION

In *Ayurveda*, *Oja* is a prime substance for immunity in the body vitiated by *Visha* (a toxic substance). *Visha* (poison), its 10 *Gunas* (properties)subside *Gunas* of *Ojas* ca using factor to impaired immunity and death. *Visha* (poison) may be present in the body in the form of *Aam Visha* (poison) and also may enter through an outer source. *Visha* (poison) may develop allergic reactions and immunodeficiency. According to *Shaligram Nighantu* described *Vishahar Dravyas* (anti-toxic) may act like antihistaminic and immunomodulatory activities.

The drug from a plant source such as *Sarpakshi*,*Aparajita*,*Nakuli*, and *Bandhyakar kotaki* are to be used for their specific antivenom activity and anti-inflammatory as well as immunomodulatory activity. The herbal alternative for snake poison and other antivenoms can take leads from ancient *Nighantu* such as *Shaligram Nighantu* for anti-venomous new drug development.

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